"Dissemination of Education for Knowledge, Science and Culture"

-Shikshanmaharshi Dr. Bapuji Salunkhe



Shri Swami Vivekanand Shikshan Sanstha's



Vivekanand College, Kolhapur (Autonomous)

National Cadet Corps

(5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)

(2022-23)

One Page Report: International Yoga Day

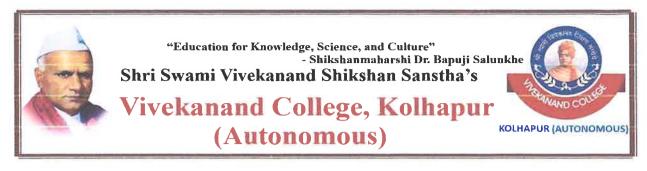
1.	Name of the Department	National Cadet Corps						
2.	Name of the Activity	International Yoga Day						
3.	Date / Duration	21/06/2022						
4.	Aims & Objectives	To create awareness about yoga and meditation.						
		To understand the importance of yoga and meditation in developing inner						
		strength.						
		To prevent various diseases by building inner strength.						
5.	No. of Beneficiaries	Total 97 64 girls						
		attendee .33 boys						
6.	Expenditure & Fundings							
7.	Brief Discussion	After the COVID-19 pandemic, the significance of yoga and meditation in our						
		daily routine has increased. However, due to limited and superficial information about yoga and meditation, it may not effectively contribute to						
		building inner strength. June 21st is celebrated as International Yoga Day,						
	b.	where coaches, meditators, guides, and gurus provide information on						
		different yoga postures and meditation techniques. Vidya Lingras and Shubha						
		Patil have imparted lessons on yoga and scientific meditation methods. The program, organized by the 5th and 6th Maharashtra NCC Battalion, was						
		inaugurated by the honourable Principal, Abhay Kumar Salunkhe. Madam						
		demonstrated yoga and meditation for 50 minutes, with active participation						
		from staff, students, and NCC cadets. The program was efficiently managed						
		under the guidance of Principal Dr. RR Kumbhar, Col. Manjunath Hegde, Col. Ganpati, Captain Sunita Bhosle and Lieutenant Jitendra Bharamgonda.						
8.	Outcomes	Cadets gained awareness about the benefits of yoga and meditation.						
		They committed to improving inner strength and participating in						
		government campaigns.						

Lt. J. R. Bharamgonda
Coy Commander

NCC, Vivekanand College, Kolhapur ESTD JUNE 1964

Capt. Sunita Bhosale

Coy Commander NCC, Vivekanand College, Kolhapur



16/06/2022

National Cadet Corps

NOTICE

All SD and SW cadets are informed that the college's NCC department is organizing the INTERNATIONAL YOGA DAY program on 21 June 2022 at Shikshanmaharshi Dr. Bapuji Salunkhe Smriti Bhawan hall. All students should be present in tracksuits without fail at 6:45 AM.

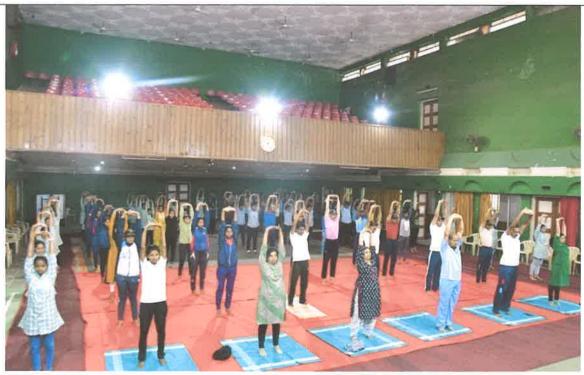
Lt. J. R. Bharamgonda
Coy Commander
NCC, Vivekanand College,
Kolhapur

Capt. Sunita Bhosale
Coy Commander
NCC Vivekanand College

NCC, Vivekanand College, Kolhapur Dr. R R Kumbhar
PRINCIPAL
VIVEKANANO COLLEGE
KOLHAPUR (AUTONOMOUS)









ESTD # 1964 * 1964



। बुधवार, २२ जुन २०२२

भारतीय संस्कृती योगसाधनेने सिद्ध : प्राचार्य साळुंखे

कोल्हापुर : प्रतिनिधी

योगसाधना यांनी समृद्ध बनली आहे. आठव्या आंतरराष्ट्रीय योग दिन उद्घाटन कुंभार, ६ महाराष्ट्र यनसीसी वटालियनचे भारतीय संस्कृतीमधील विविधतेतील समारंभप्रसंगी केले. अध्यक्षस्थानी कर्माडिंग ऑफिसर कर्नेल मंनुनाब हेगडे अखंडता साधुसंताची योगसाधना चेअरमन प्रा. किरण पाटील होते. यांच्या मार्गदर्शनाखाली करण्यात आले. आणि तपश्चवें मुळेच शक्य झाली, वावेळी बोगरिश्विका गोता लिंग्नस, प्रा. पी. आर. वागडी, प्रा. राजकी पटील, असे प्रतिपादन औं स्वामी विवेकानंद दीपा पाटील यांनी प्रात्यक्षिकासह मार्गदर्शन प्रा. वर्षा पवार, प्रा. बी. के. गावित, प्रा. शिक्षण संस्थेचे कार्याध्यक्ष प्राचार्य केले. स्वागत लेफ्टनंट जितेंद्र भरमगोंडा सुप्रिया पाटील, एनएसएम आणि एनसम्म अभयकुमार साळ्खे यांनी विषेकानंद यांनी केले. आधार कॅप्टन सुनीता घोसले खात्र उपस्थित होते.

महाविद्यालयातील एनसीसी आणि यांनी मानले. सुबसंचालन अविदर्भ कुवेर भारतीय संस्कृती आणि लोकजीवन एनएसएस योच्यातर्फे आयोजित यांनी केले. संयोजन प्राचार्य हाँ अस् अर

INTERNATIONAL YOGA DAY 21 /06/2022



2022 23

VIVEKANAND COLLEGE, KOLHAPUR (AUTONOMOUS)

INTERNATIONAL YOGA DAY F

DATE:21 JUNE 2022

Sr No	Regt No	SIGN	Sr No	Regt No	SIGN
1	MH20SWA559914	am	29	MH21SDA559949	100P
2	MH20SWA559915	SAP	30	MH21SDA559950	SS
3	MH20SWA559916	SSN	31	MH21SDA559950	Sept .
4	MH20SWA559917	- RDC	32	MH21SWA559951	For
5	MH20SWA559919	ISC	33	MH21SWA559952	# 18
6	MH20SWA559920	DTHOUR	34	MH21SWA559953	3
7	MH20SWA559921	750	35	MH21SWA559957	684
8	MH20SDA559923	Alagre	36	MH22SWA559958	8 -
9	MH20SDA559924	Okos	37	MH22SWA559959	8
10	MH20SDA559925	1 Pue	38	MH22SWA559960	Miga
11	MH20SDA559926	Janishk	39	MH22SWA559961	@Pati).
12	MH20SDA559927	Poue-	40	MH22SWA559962	B.
13	MH20SDA559930	NNB	41	MH22SDA559963	Qu.
14	MH20SDA559931	AR	42	MH22SDA559964	سلامل
15	MH20SDA559933	<u>Au</u>	43	MH22SDA559965	3.SP
16	MH20SDA559934	- Sanika	44	MH22SDA559966	Q.
17	MH21SDA559936	Rmg.	45	MH22SDA559967	Thurs.
18	MH21SDA559937	~ COA	46	MH22SDA559968	Down
19	MH21SDA559938	Barneto	47	MH22SDA559969	Eu
20	MH21SDA559939	R	48	MH22SDA559970	AZ.
21	MH21SDA559940	secont	49	MH22SDA559971	ARP
22	MH21SDA559941	_888	50	MH22SDA559972	D.
23	MH21SDA559942	SP	51	MH22SDA559973	- Sur
24	MH21SDA559943	Grail_	52	MH22SDA559974	Per.
25	MH21SDA559944	Qu	53	MH22SDA559975	hors
26	MH21SDA559946	maue			
27	MH21SDA559947	DON			
28	MH21SDA559948	KhalNoyk		GA!	Ü



Cay Commander
NCO, Vivelen and College,
Kumapur

VIVEKANAND COLLEGE, KOLHAPUR 6 MAH GIRLS BN NCC, KOLHAPUR

Cadets Participated for International Yoga Day Program

Date: 21-June 2022

Sr. No.	Regt. No.	Sign	Sr.No.	Regt. No.	Sign
1	MH22SWA584376	& RBochche	31	MH21SWA584407	Reul
2	MH22SWA584377	Majagge	32	MH21SWA584408	that-
3	MH22SWA584378	Baraska	7	MH21SWA584410	Whiteje
4	MH22SWA584379		34	MH21SWA584411	A.B. POWA
5	MH22SWA584380	S. R. B.	35	MH21SWA584412	H 13 1 5010
6	MH22SWA584381	Chasati	36	MH20SWA584396	Recikwad
7	MH22SWA584382	Archavan	37	MH20SWA584397	Baik was
8	MH22SWA584383	Mat.	38	MH20SWA584398	GUTAVAT
9	MH22SWA584384	_	39	MH20SWA584400	P. P. Jacka
10	MH22SWA584385	Barade	40	MH20SWA584401	Example
11	MH22SWA584386	SSid	41	MH20SWA584402	A.M. Kuber
12	MH22SWA584387	And.	42	MH20SWA584403	Ky marut)
13	MH22SWA584388	_	43	MH20SWA584404	Ind
14	MH22SWA584389	Lucetu	44	MH20SWA584405	Bang
1,5	MH22SWA584390	R. V. K	45	MH20SWA584406	Roatil
16	MH22SWA584391	Skukani	46	MH20SWA584407	(Donti
17	MH22SWA584392	A. P. Malhox	47	MH20SWA584408	SPALIL
18	MH22SWA584393	-	48	MH20SWA584409	Vatil_
19	MH22SWA584394	_	49	MH20SWA584410	Deshingark
20	MH22SWA584395		50	MH20SWA584411	Shintre
21	MH22SWA584396	ZoRaran	51	MH20SWA584412	Pshirhe.
22	MH22SWA584397	SARege.	52	MH20SWA584413	Demay hiha
23	MH22SWA584398	A.A.Shinde			Commission
24	MH22SWA584399	Kostaikh			
25	MH22SWA584400	Elis			
26	MH21SWA584401	Rebjace			
27	MH21SWA584402	Ahinde	ξ	72	
28	MH21SWA584404				
29	MH21SWA584405	Sesai			
30	MH21SWA584406	Liekanya			

COY. CURRINIAN-Vivekanand College. Kolhapur.

Dr. R. R. Kumbhar

PRINCIPAL VIVEKANAND COLLEGE KOLHAPUR (AUTONOMOUS)