"Dissemination of Education for Knowledge, Science and Culture'
Shikshanmaharshi Dr Bapuji Salunkhe
Shri Swami Viveknand Shikshan Sansthas





# Vivekanand College, Kolhapur

(Empowered Autonomous)

15/06/23

## **National Cadet Corps**

### NOTICE

We are going to organize a yoga day event at the college smruti bhavan on 21 June 23. The session will begin at 9am. Participants are requested to come in their comfortable attire suitable for yoga practice. We encourage everyone to join us for a rejuvenating experience and to promote physical and mental well-being.

Lt. J. R. Bharamgonda
Coy Commander

VCC Vivekanand College, Kolhapur.
Empowered Autonomous.

Capt. Sunita Bhosale
Coy Commander
NCC Vivokanand Callage, Kolhapur.
Empowered Autonomous.

Dr. R.R.Kumbhar
PRINCIPAL
VIVEKANAND COLLEGE, KOLHAPUR
(EMPOWERED AUTONOMOUS)



#### "Dissemination of Education for Knowledge, Science and Culture"

-Shikshanmaharshi Dr. Bapuji Salunkhe



#### Shri Swami Vivekanand Shikshan Sanstha's



## Vivekanand College, Kolhapur (Empowered Autonomous)

**National Cadet Corps** (5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)

(2023-24)

#### One Page Report: International Yoga Day

1.	Name of the Department	National Cadet Corps					
2.	Name of the Activity	International Yoga Day					
3.	Date / Duration	21/06/2023					
4.	Aims & Objectives	<ul> <li>To create awareness about yoga and meditation.</li> <li>To understand the importance of yoga and meditation in developing inner strength</li> </ul>					
5.	No. of Beneficiaries	Total attendee	44	18 girls 26 boys			
6.	Expenditure &Funding	NCC Bhavan and Vivekanand College kolhapur					
7.	Brief Discussion	June 21st is celebrated as International Yoga Day, where coaches, meditators, guides, and gurus provide information on different yoga postures and meditation techniques. Vidya Lingras and Shubha Patil have imparted lessons on yoga and scientific meditation methods. The program, organized by the 5 and 6 Maharashtra NCC Battalion, was inaugurated by the Hon Prin, Abhay Kumar Salunkhe. Demonstration of yoga and meditation for 50 minutes, with active participation from staff, students, and NCC cadets. The program was efficiently managed under the guidance of Prin Dr. R R Kumbhar, Col. Manjunath Hegade, Col. Mishra, Captain Sunita Bhosale and Lt Jitendra Bharamgonda.					
8.	Outcomes	<ul> <li>Cadets gained awareness about the benefits of yoga and meditation.</li> <li>They committed to improving inner strength and participating in government campaigns.</li> </ul>					

Lt. J. R Bharamgonda Coy Commander

Empowered Autonomous.

Capt. Synita Bhosale Coy Commander

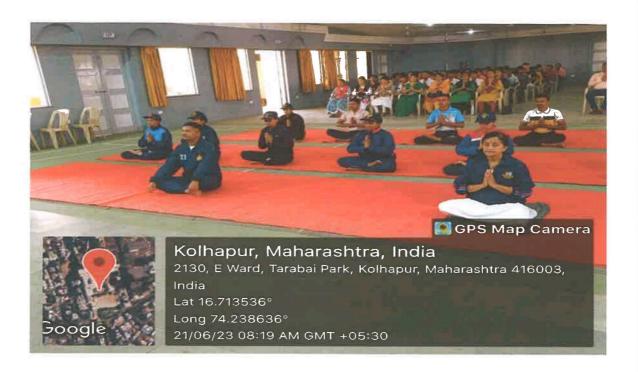
Empowered Autonomous.

Dr. R.R Kumbhar PRINCIPAL

MCC Vivekanand College, Kolhapur College, Kolhapur VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS)



# **International Yoga Day**



International Yoga Day
21 June 2023



# VIVEKANAND COLLEGE KOLHAPUR [EMPOWERED AUTONOMOUS] NOMINAL ROLL FOR YOGA DAY

DATE 21 06 2023

5 MAH	H BN NCC KOLHAPUR		
SR NO	CADET NO.	SIGNATURE	
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2	MH21SDA559938	Rale	
3	MH21SDA559939	Marchet	
4	MH21SDA559940	Cample.	
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8	MH21SDA559944	Bu_	
9	MH21SDA559947		
10	MH21SDA559948	3	
11	MH21SDA559949	Lase	
12	MH21SDA559950	AE	
13	MH21SWA559951	Bergiji.	
14	MH21SWA559952	Liened	
15	MH21SWA559953	Fore	
16	MH21SWA559957	Neuf.	
17	MH22SWA559958	Regelen	
18	MH22SWA559959	Falil	
19	MH22SWA559960	Deide	
20	MH22SWA559961	1 ACT	
21	MH22SWA559962	- Caway	
22	MH22SWA559963	tou.	
23	MH22SDA559964	PP	
24	MH22SDA559965	CDP_	
25	MH22SDA559968	PROUM	
26	MH22SDA559972	Tough	

LT J R Bharamgonda

Coy Commander

NCC Vivekanand College, Kolhapur.

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PRINCIPAL VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS)



#### VIVEKANAND COLLEGE, KOLHAPUR (Autonomous)

ATTENDENCE LIST OF STUDENTS FOR Yoga Day

DATE: 21/06/2023

PLACE: Smruti Bhavan

Reference :

Referen SR.NO.	FULL NAME OF THE STUDENT	ÇLASS	MOBILE NO.	SIGNATRE
1	Pratima Hajare	III 4-8		R
2	Akshada shinde	Trys		Ashinde
3	Sakshi Desai	III y~		Sessi
4	Vaishnavi patil	Шуъ	_	Patil
5	Prachi Jadhav	Ty~		Jadlan
6	Harshada Chatage			Shakaph
7	Aishwarya Pawar	III y v		Pauson
8	Shoutika khot	TTYS		Alway
9	sakshi Bachche	IIyr		SRBachch
10	Nisha Bajage	IIyo		NBangs.
11	Saita Baraskar	TTyr		Jairaba
12	ocouri Bharthi	TTY8		Plarather
13	Aishwarya chavan	TTY		Clouder
14	Sneha schodake	Tyr		309-
15	samidha chugare	TTYV		Chugara
16	Prevana kulkarni	TIYS	_	P.S.K
17	Samiksha Jadhav	Trys	_	Facilial
18	kashpiya shaikh	Tyr		paralle
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Kolhapur.

