

“Dissemination of Education for Knowledge, Science and Culture”

-Shikshanmaharshi Dr. Bapuji Salunkhe



Shri Swami Vivekanand Shikshan Sanstha's

Vivekanand College, Kolhapur (Autonomous)

National Cadet Corps

(5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)



(2020-21)

One Page Report: FIT INDIA MOVEMENT

1.	Name of the Department	National Cadet Corps				
2.	Name of the Activity	FIT INDIA MOVEMENT				
3.	Date / Duration	19/08/2020				
4.	Aims & Objectives	<ul style="list-style-type: none">To participate in fit India moment..To boost the immunity by doing yoga and mediation.To do the fitness activity to fight against the Covid !9 .				
5.	No. of Beneficiaries	<table border="1"><tr><td><u>Total attendee</u></td><td>91</td><td>58 girls</td><td>33 boys</td></tr></table>	<u>Total attendee</u>	91	58 girls	33 boys
<u>Total attendee</u>	91	58 girls	33 boys			
6.	Expenditure & Fundings					
7.	Brief Discussion	<p>The Fit India Movement was inaugurated on 29th August 2019 by the honourable Prime Minister, Narendra Modi. The slogan "Healthy people, Healthy families, Healthy society" was given by the Youth and Sports Department. The primary goal of the movement is to raise awareness about health and fitness among the people and in society. Physical fitness contributes to a healthy and strong mind, and the importance of this has been emphasized during the COVID-19 pandemic.</p> <p>In the context of the ongoing pandemic, maintaining physical and mental fitness is crucial, as COVID-19 can impact the immune system. The Fit India Movement was reinitiated after 15th August 2020, as part of the partial reopening after severe restrictions and lockdown. The campaign involves individual awareness through activities like swimming, running, and skipping in the first phase. The second phase focuses on creating awareness within families, and the last phase encourages society-wide participation in yoga, walking, running, skipping, and other physical fitness activities during November.</p> <p>The three phases of the campaign are conducted by the guidelines provided by DG NCC and the Ministry of Youth and Sports. A hundred NCC cadets from our unit, along with their families, actively participated in creating awareness about the importance of good health and a healthier mind. All activities were carried out under the guidance of the principal, Col. R. B. Holla, and Col. Tiwari (the Commanding Officers of 5 and 6 Maharashtra NCC Battalion Kolhapur). The program was organized in localities with the support of Associate NCC Officer Capt. SunitaBhosale and Lt. Jitendra Bharamgonda.</p>				
8.	Outcomes	<ul style="list-style-type: none">The cadets participated in fit India moment by doing all activities				

given by AYUSH department..

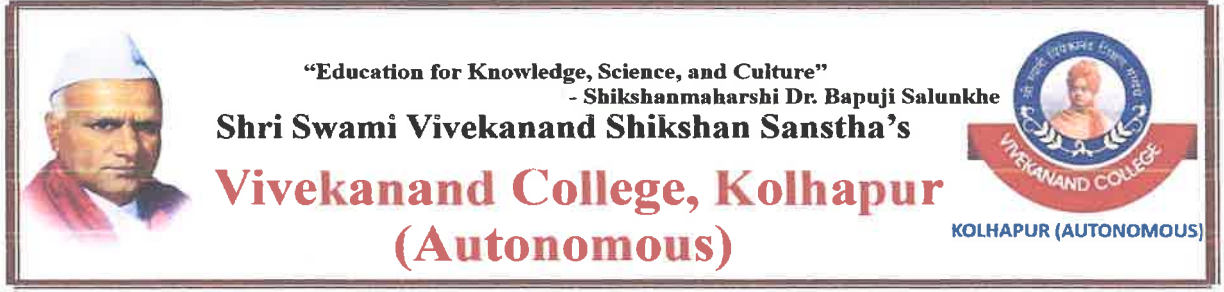
- The cadets are decided to participate in all government campaigns.



Lt. J. R. Bharamgonda
Coy Commander
NCC, Vivekanand College,
Kolhapur



Capt. Sunita Bhosale
Coy Commander
NCC, Vivekanand College,
Kolhapur



11 /08/2020

National Cadet Corps

NOTICE

All students of SD and SW cadets are informed that the NCC department of the college will be conducting the 'Fit India Movement' from 16th August to the end of November. This movement encourages individuals, families, and society as a whole to actively participate in various fitness activities. All cadets are urged to create awareness in their families regarding the importance of activities such as yoga, walking, running, and skipping to maintain fitness while adhering to COVID-19 protocols. It is recommended that these activities be performed in their respective localities.


Lt. J. R. Bharamgonda
Coy Commander
NCC, Vivekanand College
Kolhapur


Capt. Sunita Bhosale
Coy Commander
NCC, Vivekanand College,
Kolhapur


Dr. S. Y. Hongekar
PRINCIPAL
VIVEKANAND COLLEGE
KOLHAPUR (AUTONOMOUS)





FIT INDIA MOVEMENT

19/08/2020



VIVEKANAND COLLEGE ,KOLHAPUR

Fit India Movement F

DATE : 19/08/2020

Sr No	Regt No	SIGN	Sr No	Regt No	SIGN
1	MH19SDA559892		29	MH20SDA559931	
2	MH19SDA/559893		30	MH20SDA559933	
3	MH19SDA559894		31	MH20SDA559934	
4	MH19SDA559895		32	MH21SDA559935	
5	MH19SDA559897		33	MH21SDA559936	
6	MH19/SDA559898		34	MH21SDA559937	
7	MH19SDA559899		35	MH21SDA559938	
8	MH19SDA559901		36	MH21SDA559939	
9	MH19SD/A559902		37	MH21SDA559940	
10	MH19SDA559903		38	MH21SDA559941	
11	MH19SWA559905		39	MH21SDA559942	
12	MH19SWA559907		40	MH21SDA559943	
13	MH19SWA559911		41	MH21SDA559944	
14	MH19/SWA559912		42	MH21SDA559945	
15	MH20WA559914		43	MH21SDA559946	
16	MH20SWA559915		44	MH21SDA559947	
17	MH20SWA559916		45	MH21SDA559948	
18	MH20/SWA559917				
19	MH20/SWA559918				
20	MH20SWA559919				
21	MH20SWA559920				
22	MH20SWA559921				
23	MH20SDA559923				
24	MH20SDA559924				
25	MH20SDA559925				
26	MH20SDA559926				
27	MH20SDA559927				
28	MH20SDA559930				



LT J R BHARAMGONDA
 Coy Commander
 NCC, Vivekanand College,
 Kolhapur

VIVEKANAND COLLEGE , KOLHAPUR

6 MAH GIRLS BN NCC , KOLHAPUR

Cadets Participated for Fit India Moment Program

Date : 15/08/20

Sr. No.	Regt. No.	Sign	Sr.No.	Regt. No.	Sign
1	MH20SWA584392	P.Chavan.	31	MH19SWA584401	Bhosale-Nir
2	MH20SWA584393	S. Choudhary	32	MH19SWA584402	P.S. Pujari
3	MH20SWA584394	—	33	MH19SWA584403	Dr. Kumbhar
4	MH20SWA584395	S. Dalvi	34	MH19SWA584404	Belwalkar.
5	MH20SWA584396	M. Garkwad	35	MH19SWA584405	—
6	MH20SWA584397	Dr. Garkwad	36	MH19SWA584407	Sutar P
7	MH20SWA584398	Gurav. A. D.	37	MH19SWA584408	Jisna Mathay
8	MH20SWA584399	N. D. Hurdari	38	MH19SWA584409	- M. S. P.
9	MH20SWA584400	P. Dhar	39	MH19SWA584410	Desai. S.
10	MH20SWA584401	Kamble. S.	40	MH19SWA584411	Gave. S. R.
11	MH20SWA584402	—	41	MH19SWA584412	Ubare. S. R.
12	MH20SWA584403	Kumarav. V.	42	MH18SWA584401	M. A. Gavade
13	MH20SWA584404	S. S. Lad	43	MH18SWA584402	Gurav. G. B.
14	MH20SWA584405	Mane. J. S.	44	MH18SWA584404	Khote. Pooja.
15	MH20SWA584406	Patil. Prajanta	45	MH18SWA584405	R. N. Kumbhar
16	MH20SWA584407	R. R. Patil	46	MH18SWA584406	Magdum. P.
17	MH20SWA584408	Dr. Patil.	47	MH18SWA584407	P. Magdum
18	MH20SWA584409	V. Patil.	48	MH18SWA584415	Patil. A.
19	MH20SWA584410	Dr. Phingade. A.	49	MH18SWA584409	Patil. V. V.
20	MH20SWA584411	Shashintre.	50	MH18SWA584411	Dr. Shastri. Budhik
21	MH20SWA584412	P. P. Shirke	51	MH18SWA584412	Vandre. U. A.
22	MH20SWA584413	Tanchar. N.	52	MH18SWA584413	N. Yadav
23	MH19SWA584392	Dr. H. Bam			
24	MH19SWA584393	T. Sagarwad			
25	MH19SWA584394	—			
26	MH19SWA584395	Dr. Shinde			
27	MH19SWA584396	Patil. Aditi			
28	MH19SWA584397	—			
29	MH19SWA584399	A. N. Muzdar			
30	MH19SWA584400	Chopdar. V.			

ANO

Capt. (Ms) Sunita Bhosate
N.C.C Officer (ANO)
Vivekanand College Kolhapur



PRINCIPAL

PRINCIPAL
Vivekanand College
Kolhapur