

“Dissemination of Education for Knowledge, Science and Culture”

-Shikshanmaharshi Dr. Babuji Salunkhe



Shri Swami Vivekanand Shikshan Sanstha's
Vivekanand College, Kolhapur (Autonomous)



National Cadet Corps

(5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)

(2019-20)

One Page Report: International Yoga Day

1.	Name of the Department	National Cadet Corps						
2.	Name of the Activity	International Yoga Day						
3.	Date / Duration	21/06/2019						
4.	Aims & Objectives	<ul style="list-style-type: none">• To create awareness about the yoga .• To give the proper information regarding the yoga .• To participate in all government campaigns .						
5.	No. of Beneficiaries	<table border="1"><tr><td><u>Total attendee</u></td><td>75</td><td>50 girls</td></tr><tr><td></td><td></td><td>25 boys</td></tr></table>	<u>Total attendee</u>	75	50 girls			25 boys
<u>Total attendee</u>	75	50 girls						
		25 boys						
6.	Expenditure & Fundings							
7.	Brief Discussion	<p>Yoga means joining our physical life to our spiritual life. This is consciously achieved through both physical and mental activities. Yoga brings harmony to our daily routine and activities. Vivekanand College (Autonomous) in Kolhapur organized the International Yoga Day activity on Friday, June 21, 2019, following the protocol given by the AYUSH department. Enthusiastically, 75 NCC cadets, NSS volunteers, students, and teaching and non-teaching staff participated in this activity. On this occasion, Brigadier R. B. Dogra, NCC Group Commander; Training Officer Colonel Sangha; Colonel R. B. Holla, Commanding Officer of the 05 Mah Bn NCC, Kolhapur; Colonel S. P. Sakiya, Commanding Officer of the 06 Mah Bn NCC, Kolhapur, were present with their battalion staff. All performed yoga under the guidance of Mr .Ghokhale and Prof. Milind Karanjkar, the yoga teachers. The inauguration was done by Principal Abhaykumar Salunkhe, the chairman of Shri Swami Vivekanand Shikshan Sanstha. Kolhapur. The function was successfully organized under the guidance of the respected Principal, Dr. S. Y. Hongekar. Seventy five cadets are present for this program.</p>						
8.	Outcomes	<ul style="list-style-type: none">• The yoga activity helps the cadets to boost the inner strength ..• The yoga and meditation are routine part of the cadet..• The cadets decided to participate in all government campaigns.						


Lt. J. R. Bharamgonda
Coy Commander
NCC, Vivekanand College,
Kolhapur




Capt. Sunita Bhosale
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Vivekanand College, Kolhapur
(Autonomous)



KOLHAPUR (AUTONOMOUS)

15/06/2019

National Cadet Corps

NOTICE

All cadets are hereby informed that NCC department of the college is organizing 5th 'International Yoga Day', institutional / social activity at Vivekanand College, College Ground, on Friday date 21/06/2019. Students are directed to be present at 07:00 AM. Attendance is compulsory.

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Coy Commander
NCC, Vivekanand College,
Kolhapur

Capt. Sunita Bhosale
Coy Commander
NCC, Vivekanand College,
Kolhapur

Dr. S. Y. Hongekar
PRINCIPAL
VIVEKANAND COLLEGE
KOLHAPUR (AUTONOMOUS)





International Yoga Day 21/06/2019



पुढारी

कोल्हापूर, रविवार, २३ जून २०१९

जागतिक योग दिन

विवेकानंद कॉलेज
योगामुळे वजनात घट होते. ताण-
तणावापासून मुक्ती मिळते, मन शांत
व प्रसन्न राहते व आरोग्य उत्तम बनते.
त्वामुळेच निरोगी शरीर व मन प्रसन्न
वेवण्यासाठी योगासने व प्राणायाम
आवश्यक आहे, असे प्रतिपादन
विवेकानंद शिक्षण संस्थेचे कार्याध्यक्ष
प्रचार्य अभयकुमार साळुंखे यांनी
केले. विवेकानंद कॉलेजच्या एनसीसी
व एनएसएस विभागाच्या वतीने २१
जून रोजी सकाळी आंतरराष्ट्रीय योग
दिन साजरा करण्यात आला. यावेळी
ते बोलत होते. यानिमित्त विवेकानंद
कॉलेजच्या शिक्षणमहर्षी डॉ. बापूजी
साळुंखे स्मृती भवनमध्ये एनएससी व
एनएसएसच्या ८० विद्यार्थी व स्टाफने
एकत्रितरीत्या योगासने व प्राणायाम
केले.

INTERNATIONAL YOGA DAY 21 JUNE 2021



2019 20

VIVEKANAND COLLEGE ,KOLHAPUR (AUTONOMOUS)

International Yoga Day F

DATE : 21/06/2019

Sr No	Regt No	SIGN	Sr No	Regt No	SIGN
1	MAH/SD/2017/559873	<u>Siddhant</u>	29	MAH/SW/18/559889	<u>Sudhanshu</u>
2	MAH/SD/2017/559874/	<u>S.S.</u>	30	MAH/SD/2019 /561471	<u>MSP</u>
3	MAH/SD/2017/559875	<u>SP</u>	31	MAH/SD/2019/ 561472	<u>PNP</u>
4	MAH/SD/2017/559876	<u>SP</u>	32	MAH/SD/2019/561473	<u>PNP</u>
5	MAH/SD/2017/559877	<u>N.Paul</u>	33	MAH/SD/2019/561474	<u>Sonika</u>
6	MAH/SD/2017/559879	<u>Janishka</u>	34	MAH/SD/2019/561475	<u>SN</u>
7	MAH/SD/2017/559880/C DT	<u>S</u>	35	MAH/SD/2019/561476	<u>SRPati.</u>
8	MAH/SD/2017/559881/	<u>S</u>	36	MAH/SD/2019/561477	<u>S</u>
9	MAH/SD/2017/559882	<u>Kapoor</u>	37	MAH/SD/2019/561478	<u>SRP</u>
10	MAH/SD/2017/559883	<u>RS</u>	38	MAH/SD/2019/561479	<u>SRPati</u>
11	MAH/SD/2017/559884	<u>Rite</u>	39	MAH/SD/2019/561480	<u>Trivide</u>
12	MAH/SD/2017/559886	<u>A</u>	40	MAH/SD/2019/561481	<u>Uma</u>
13	MAH/SD/2017/559887	<u>Nehum</u>	41	MAH/SD/2019/561482	<u>Uma</u>
14	MAH/SD/18/559871 /CDT	<u>AVM</u>	42	MAH/SD/2019/561483	<u>Uma</u>
15	MAH/SD/18/559872	<u>Uma</u>	43	MAH/SD/2019/561484	<u>Smile</u>
16	MAH/SD/18/559873	<u>Smit</u>	44	MAH/SD/2019/561485	<u>SRP</u>
17	MAH/SD/18/559874	<u>Phosale</u>	45	MAH/SD/2019/561486	<u>SRP</u>
18	MAH/SD/18/559875	<u>S.R.P</u>	46	MAH/SD/2019/561487	<u>Ranjan</u>
19	MAH/SD/18/559876	<u>S</u>	47	MAH/SD/2019/561488	<u>Shaysh</u>
20	MAH/SD/18/559877	<u>S</u>	48	MAH/SD/2019/561489	<u>Rohini</u>
21	MAH/SD/18/559878	<u>Prem</u>	49	MAH/SD/2019/561490	<u>Manga</u>
22	MAH/SD/18/559879	<u>RP</u>			
23	MAH/SW/18/559882	<u>Arjun</u>			
24	MAH/SW/18/559882	<u>RDE</u>			
25	MAH/SW/18/559883	<u>Shan</u>			
26	MAH/SW/18/559884	<u>Shan</u>			
27	MAH/SW/18/559885	<u>SR</u>			
28	MAH/SW/18/559886	<u>SR</u>			

Lt J R BHARAMGONDA
Coy Commander
 NCC, Vivekanand College,
 Kolhapur



VIVEKANAND COLLEGE, KOLHAPUR (Autonomous)

6 MAH GIRLS BN NCC, KOLHAPUR

Nominal Roll of Cadets participated in International Yoga Day Program
Place: Vivekanand College Date: 21/6/2019

FIRST YEAR			THIRD YEAR		
SR.NO	NAME OF CADET	Signature	SR.NO	NAME OF CADET	Signature
1	BAM SHRUTI HARISH		1	BAGDI AASHA KUNDLIK	
2	SAGAONKAR TEJASHREE SARANG		2	BHOSALE SHIVANI DILIP	
3	TAWADE GAYATRI ANIL		3	BHOSALE VASUDHA SUBHASH	
4	SHINDE SHLOKA SHRIPATI		4	BORGAONKAR SAYLI DILIP	
5	PATIL ADITI ATUL		5	DURGULE SAMIDHA SURENDRA	
6	MORE AVANTIKA SANJAY		6	JOSHI DEVYANI SHRIRAM	
7	PATIL SAYALI ARJUN		7	KAMBALE POOJA MARUTI	
8	MUGDAR AKANKSHA NILESH		8	KAMBALE PRADNYA PRAKASH	
9	CHOPDAR VIDULA VIJAY		9	KHOT SNEHAL NARAYAN	
10	BHOSALE NIKITA RAGHUNATH		10	KUMBHAR TRUPTI RAMNATH	
11	PATIL MANSI UDAY		11	MANWADKAR PRITI VISHWANAT	
12	KUMBHAR SNEHAL SHRIKANT		12	PATIL NIKITA RAGHUNATH	
13	PATIL PRIYANKA ASHOK		13	PATIL POOJA BALIRAM	
14	BIRANJE SONALI UTTAM		14	PATIL SONAL SHAHAJI	
15	TODKAR VAISHNAVI UMAJI		15	PATIL TEJASWINI KRISHNA	
16	SUTAR PRITI SUNIL		16	PATIL TRUPTI MILIND	
17	MATHEW JISNA ANOOP		17	PATIL VEDANTI VASANT	
18	CHAVAN TEJASHRI BALASAHEB		18	SAKHALKAR SHIVANI DILIP	
19	DESAI FIZA SIKANDAR		19	SANKPAL SUPRIYA SHRIKANT	
20	GOVE VAISHNAVI SHASHIKANT		20	PATIL PRATIKSHA VILAS	
21	UBARE SAKSHI SANJAY				
SECOND YEAR					
1	GAVADE MAYURI ASHOK				
2	GURAV GAYATRI BABASO				
3	KHOT POOJA TANAJI				
4	KUMBHAR RADHIKA ARUN				
5	MAGDUM PRADNYA PRATAP				
6	M,AGDUM PRAJKTA DIGAMBAR				
7	PATIL ANURADHA SHIVARAJ				
8	PATIL VAISHNAVI VYANKATESH				
9	SAHASTRABUDHE KETAKI DHANANJAY				
10	VANDDRE URMILA ANIL				
11	YADAV NASEEM MILIND				

ANO
Capt. (Ms) Sunita Bhosale
N.C.C. Officer (ANO)
Vivekanand College, Kolhapur



DR. S. Y. HONGEKAR
PRINCIPAL
Vivekanand College
Kolhapur