

‘ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार’

- शिक्षणमहर्षी डॉ. बापूजी साळुंखे

Shri Swami Vivekanand Shikshan Sanstha's

# VIVEKANAND COLLEGE (Autonomous), Kolhapur



## STUDENTS' MENTORING BOOK

Name of the Mentor : Dr. Sumayya J. Inamdar

Department : Physics

Dr. S. I. Inamdar

Bsc-1

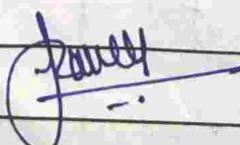
2020-21

| Sr. No. | NAME & CLASS OF THE STUDENT           | NATURE OF DIFFICULTY   | DATE     | SIGNATURE OF THE STUDENT  |
|---------|---------------------------------------|--|----------|---------------------------|
| 1.      | Miss Rutuja Subhash<br>Bhetty         | Nil  | 22.09.20 |                           |
| 2.      | Shinde Sneapnali<br>Sakarom           | Nil  | 15.10.20 |                           |
| 3.      | Adake Girish Suresh<br><u>Remedy:</u> | Time management<br>I guided him<br>for stress<br>management. | 11/12    | Satisfied<br><u>Adake</u> |
| 4.      | Yogita V. Zirange                     |  |          |                           |

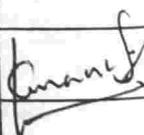


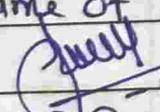
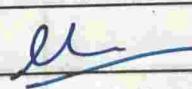
| Sr. No. | NAME & CLASS OF THE STUDENT  | NATURE OF DIFFICULTY   | DATE     | SIGNATURE OF THE STUDENT       |
|---------|--|------------------------|----------|--------------------------------|
| 5.      | Thakur Neha Sunil  | <u>Housing Problem</u> | 22/08/24 | <del>Thakur</del><br>satisfied |
| Remedy: | → It is easily possible to get a place in dorms or a hostel, but finding perfect accommodation is a uphill task. As Neha is staying 1st time in hostel, she was coming to me for discussion regarding near by dorms, hostels etc.  |                        |          |                                |
| 6.      | Zirange Yogita   | Sanitary pad facility  | 12/01/24 | Zirange<br>satisfied           |
| Remedy: | Our college has very nice facility with sanitary dispenser & vending machine. As our college has nearly more than 4000 girls strength. Some time sanitary dispenser may empty. As Yogita suddenly got menstrual problem & find no pad near, she came to me for seeking help. |                        |          |                                |

  
 Head of the  
 Department of Physics  
 Vivekanand College, Kolhapur

  
 Name of the mentor  
 (Dr. S. J. Zangdar)



| Sr. No.        | NAME & CLASS OF THE STUDENT   | NATURE OF DIFFICULTY             | DATE     | SIGNATURE OF THE STUDENT  |
|----------------|---|----------------------------------|----------|---|
| 1.             | Mr. Kanire. Darshan<br>Shamad   | Time manegment                   | 15/01/21 |   |
| <u>Remedy:</u> | Darshan has aimed to prepare for IIT-JAM. But studying for <sup>both</sup> academic year and IIT-JAM its crucial. He has time management problem during study. I guided for time manegment. |                                  |          |    |
| 2.             | Karape Rajkumar<br>Baban  | Pressure arising<br>From studies | 20/1/21  |   |
| <u>Remedy:</u> | I discussed with Rajkumar & give some study stricks & meditation tips.  |                                  |          |   |
| 3.             | Kumaval Varsha  | Health/sickness<br>condition.    | 12/12/20 |  |
| <u>Remedy:</u> | Poor self-care & stress, varsha felt sickness during the college hours. As <del>she</del> I am her teacher gardian, she came to me and speak freely.  |                                  |          |   |

| Sr. No.  | NAME & CLASS OF THE STUDENT | NATURE OF DIFFICULTY   | DATE     | SIGNATURE OF THE STUDENT |
|--|-----------------------------|--|----------|--------------------------|
| 4.   | Mr. Kapase Hanurman<br>V.   | Nil  | 09.03.21 |                          |
| 5.   | Kumbhar Tejaswini<br>T      | Nil  | 16.03.21 |                          |
| 6.   | Kot Pratik P                | Nil  | 24.03.21 |                          |
| Name of Mentor<br><br>(Dr. S. D. Inamdar) |                             | <br>Head of the<br>Department of Physics<br>Vivekanand College, Kolhapur |          |                          |
|  |                             |  |          |                          |
|  |                             |  |          |                          |
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# Vivekanand College (Autonomous), Kolhapur.

## Department of Physics

### Students Mentoring Scheme Report (2020-21)

Mentoring scheme is very important scheme. Through this activity, problems and difficulties of the students can be understood. They can be guided/counseled accordingly. While working as a mentor total 12 students from B.Sc.-I were guided by Dr. Somayya I. Inamdar. There were some difficulties of academic, domestic as well as from phycological in nature countered with students' interaction. They included issues like travelling difficulties, fee concession to the students, stress management, changing facilities to the girl students, parking facility, pressure comes from study, housing problems, health sickness, issues regarding lectures and practical's as well as personal issues like mental and physical health etc. The students were guided accordingly. Occasionally they were helped to solve the problem. This activity helped to boost the morale of the students, improve the academic confidence and clear their views regarding opportunities.

Mentor Name & Sign

(Dr. Somayya I. Inamdar)

  
HOD

**HEAD**  
**DEPARTMENT OF PHYSICS**  
**VIVEKANAND COLLEGE, KOLHAPUR**  
**(AUTONOMOUS)**

  
Principal

**PRINCIPAL**  
**Vivekanand College**  
**Kolhapur**