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"ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार" - शिक्षणमहर्षी डॉ. बापूजी साळुंके
Shri Swami Vivekanand Shikshan Sanstha, Kolhapur.

VIVEKANAND COLLEGE, KOLHAPUR

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Department of Management Studies



Ref.No:

Date: 07/10/25

Notice

This is to inform you that a Workshop on "Goal Setting" has been scheduled for the 2nd Year students of MBA. The details are as follows:

- **Day and Date:** Saturday, 11/10/2025
- **Time:** 10.00am
- **Venue:** Library Hall
- **Topic/Theme:** "Goal Setting"

Attendance is mandatory for all students. Ensure that you report on time.

Viraj V. Jadhav
Mr. Viraj V. Jadhav

HEAD
DEPARTMENT OF M. B. A.
VIVEKANAND COLLEGE, KOLHAPUR
(EMPOWERED AUTONOMOUS)

Shri Swami Vivekanand Shikshan Sanstha's
VIVEKANAND COLLEGE, KOLHAPUR

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2130, 'E' ward, Tarabai Park, Kolhapur, Tal. Karveer, Dist. Kolhapur -416003

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Chairman
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M.A.

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Prin. Mrs. Shubhangi Gawade
M.Sc., B.Ed.

Principal
Dr. R. R. Kumbhar
M.Sc., M.Phil., Ph.D.

Ref. No. VCK/

Date : 17/09/2025

To,
Preeti Laddha
Educator and Soft Skills Trainer,
Kolhapur.

Subject: Invitation as a resource person for 1 Day Workshop on "Goal Setting".

Respected Madam,

It is an immense pleasure to invite you as an eminent and distinguished resource person on behalf of Department of Management Studies for 1 Day Workshop on "Goal Setting". The session is scheduled on **Friday, 19th September 2025**.

We hope that you will consider this invitation as our personal request and will depute your expertise and proficiency to all students who will attend this session as participants.

Thanking You.

Y. Laddha
HEAD
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(शिवजायन्त) शासक संस्था, कोल्हापूर

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Ref. No. VCK/

To,
Preeti Laddha
Educator and Soft Skills Trainer,
Kolhapur.

Date : 19/09/2025

Subject: Thanking letter for conducting 1 Day Workshop on "Goal Setting"

Respected Madam,

We are writing to express our heartfelt gratitude for accepting our invitation to conduct 1 day workshop on "Goal Setting" organized on **Friday, 19th September 2025**.

The workshop was highly engaging, and our students greatly benefited from your insights and experiences. We appreciate the time and effort you took to prepare and deliver the session

Once again, thank you for your participation and support. We look forward to future collaborations and opportunities to work together.

Please accept our sincere appreciation.

Y. Jadhav
HEAD
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Department of Management Studies

Activity Report One-Day Workshop on Goal Setting

19th September 2025

1.	Title	One-Day Workshop on Goal Setting
2.	Date	19th September 2025
3.	Organizing Department	MBA
4.	Collaborating Agency	-
5.	Resource Person/s	-
6.	Number of Participants	Students-40
		Faculty-5
		Total-45
7.	Objectives of Activity	<ol style="list-style-type: none">1. To create awareness among MBA students about the importance of setting goals in personal and professional life.2. To introduce students to the concept and framework of SMART goal setting.3. To encourage self-reflection and help students identify their short-term and long-term goals.4. To equip students with practical strategies to overcome challenges and stay focused on their goals.
8.	Outcomes from Activity	<ol style="list-style-type: none">1. Students gained clarity about the significance of goal setting in shaping their academic and career journey2. Participants learned how to set SMART goals and apply them effectively in real-life situations.3. Students developed self-awareness by identifying and articulating their own personal and professional goals.4. The workshop enhanced students' motivation, focus, and confidence to pursue their aspirations with discipline and determination
9.	Link of the Activity Uploaded on College Website	

Brief Summary

Report on One-Day Workshop on 'Goal Setting'

Date: 19th September 2025

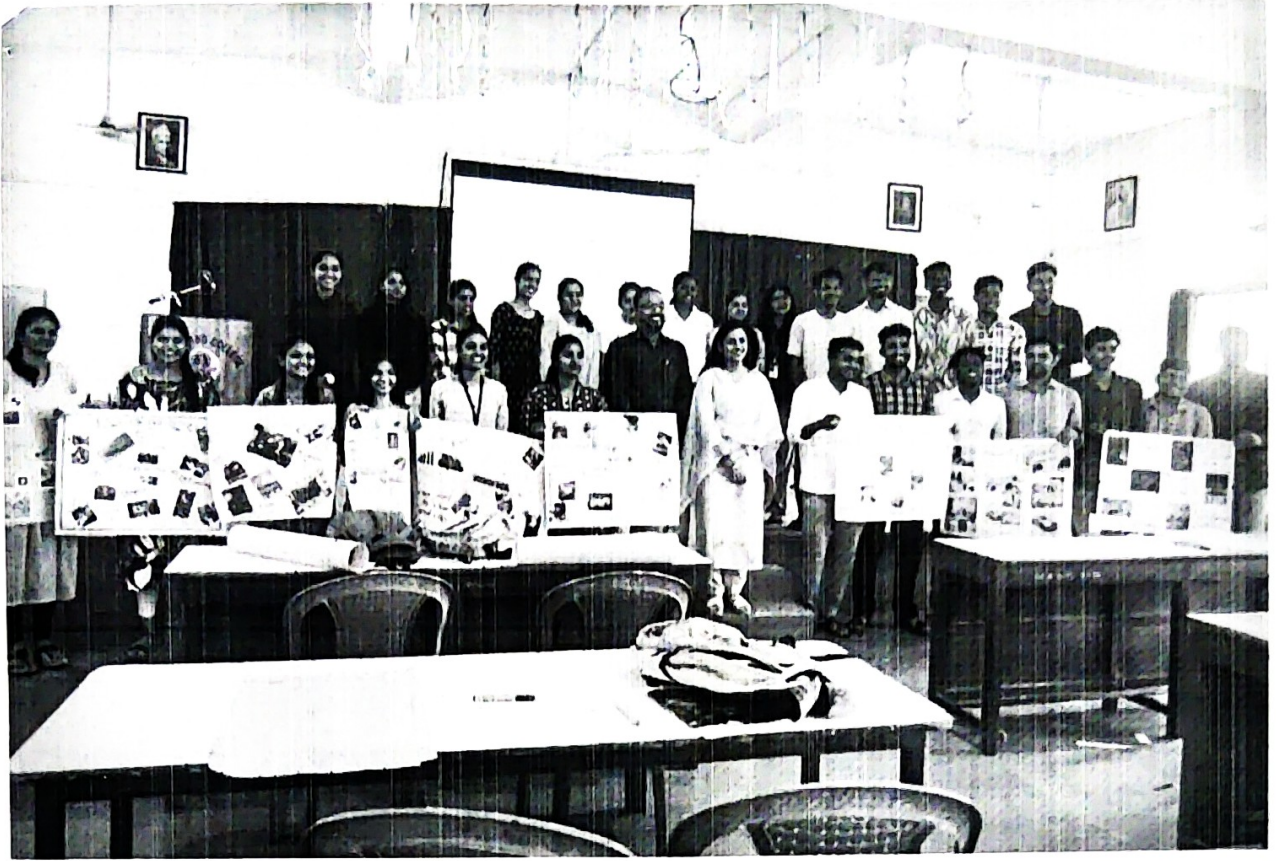
Resource Person: Mrs. Preeti Laddha

Topic: One-Day Workshop on 'Goal Setting'

A one-day workshop on "Goal Setting" was successfully organized for the MBA 1st year students on Friday, 19th September 2025. The workshop was conducted by Mrs. Preeti Laddha, a distinguished academician and trainer, who holds an MBA degree in Human Resource and Marketing and has earned the honor of being a university rank holder. With her strong academic background and professional expertise as a soft skills trainer, Mrs. Laddha brought with her a wealth of knowledge and practical insights. The workshop aimed to instill in students the importance of structured goal setting and its role in shaping their academic, professional, and personal lives.

Throughout the workshop, Mrs. Laddha adopted an interactive teaching style, engaging students through discussions, activities, and real-life examples. She explained the difference between short-term, medium-term, and long-term goals and encouraged students to reflect upon their own aspirations. She also elaborated on the concept of SMART goals—Specific, Measurable, Achievable, Relevant, and Time-bound—explaining how this framework helps transform vague ambitions into concrete, actionable plans. One of the highlights of the workshop was a self-reflection activity where students were asked to identify their personal and professional goals. They were guided to write them down, analyze their feasibility, and align them with their long-term vision. This exercise created an environment of introspection and self-awareness, allowing students to realize the importance of clarity in life decisions.

Mrs. Laddha further emphasized the role of persistence, time management, and discipline in achieving goals. She highlighted that goal setting is not a one-time exercise but a continuous process of reviewing, refining, and realigning one's objectives as circumstances evolve. To make the session lively, she shared motivational anecdotes and success stories of individuals who achieved great milestones by setting and pursuing their goals with determination. Another key takeaway from the session was the connection between goal setting and career development. As future managers, the MBA students were reminded that setting professional goals is vital for growth in the corporate world. Mrs. Laddha explained how organizations value employees who are goal-oriented, focused, and self-driven. This insight inspired students to align their academic efforts with their desired career paths.



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