

डॉ. यु. एस. खोत  
गृहविज्ञान विभागप्रमुख

प्रति,  
मा. प्राचार्य,  
विवेकानंद कॉलेज, कोल्हापूर (अधिकारप्रदत्त स्वायत्त)

विषय - गृहविज्ञान विषयाचे Teaching Plan Report सादर करणेबाबत

महोदय,

वरील विषयानुसार गृहविज्ञान विषयाचे शैक्षणिक वर्ष २०२४-२५ बी.ए. भाग I, II, III चे सेमिस्टर I, III, V चे Teaching Plan Report सादर करत आहे .

कळावे ,

आपली विश्वासू



डॉ. यु. एस. खोत

विभाग प्रमुख  
गृहशास्त्र विभाग,  
विवेकानंद कॉलेज कोल्हापूर.  
(अधिकारप्रदत्त स्वायत्त)



“ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार”  
शिक्षणमहर्षी डॉ.बापूजी साळुंखे

**Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's  
VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS)**

**Annual Teaching Plan**

Academic Year: 2024-25. B.A.I Semester: I... Department: Home Science.


Subject: Home Science Course I Course Title: **Fundamentals of Food Science and Nutrition**

Name of the teacher: Dr. U. S. Khot.

Month June.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 <u>Understanding food and Nutrition</u>	1 Basic terms used in study of food and nutrition 2 Understanding relationship between food, nutrition and health 3 Functions of food Practical
6	2*3(6)	12		
Month July.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-2 Food Groups	Module-2 1 Basic five food groups 2 Selection and nutritional contribution and changes during cooking of the following food groups: Cereals, Pulses, Fruits and vegetables, Milk & milk products Eggs ,Meat, poultry and fish Fats and Oils Practical
12	4*3(12)	24		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module3 Methods of cooking with advantages disadvantage	1 Objective of cooking 2 Moist heat: Boiling, Steaming, Pressure cooking 3 Dry heat:Roasting,Baking 4 Frying:Deep and Shallow frying 5 Resent trends Microwave cooking Practical
13	5*3(15)	28		
Month September			Module/Unit:	Sub-units planned



Lectures 11	Practical's 4*3(12)	23	Module-4 Nutrients:	Functions, dietary sources and clinical manifestations of deficiency/ excess of the following nutrients: 1 Carbohydrates, lipids and proteins 2 Fat soluble vitamins-A, D, E and K 3 Water soluble vitamins – thiamine, riboflavin, niacin and vitamin C 4 Minerals – calcium, iron, iodine and zinc Practical
Month October:			Module/Unit	Sub-units planned
Lectures 4	Practical 1*3(3)			Oral exam

  
Dr. U. S. Khot  
Name and Signature of Teacher



  
Name and Signature of HoD  
**HEAD**  
DEPARTMENT OF HOME SCIENCE  
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**Annual Teaching Plan**

Academic Year: 2024-25 B.A.II Semester:...III... Department: Home Science.

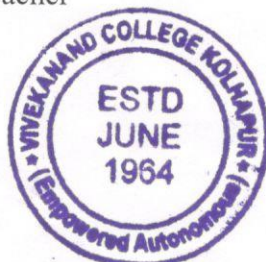
Subject: Home Science Major Course III Course Title: **Fundamentals of Interior Design**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Fundamentals of Design	1.1 Elements of Arts 1.2 Principles of Design 1.3 Application of elements and principles of design in Interior decoration Practical
5	1	6		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no. 2 Colours	2.1 Colour- Definition and Importance 2.2 Dimensions of colour 2.3 Classification of colour 2.4 Effects of colour and colour schemes on Interior Decoration Practical
14	5	19		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 - Furniture arrangement	3.1 Importance of furniture, 3.2 Types of furniture and material used for furniture 3.3 Selection of furniture, furniture arrangement in different rooms 3.4 Care and maintenance of furniture Practical
12	4	16		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 4: Flower arrangement and Flower Decoration	4.1 Importance of flower arrangement and flower decoration 4.2 Material used for flower arrangement and flower decoration 4.3 Types of Flower Arrangement and Flower Decoration Practical
12	4	16		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
6	2	8		

  
Dr. U. S. Khot  
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**Annual Teaching Plan**

Academic Year: 2024-25 B.A.II Semester: ...III... Department: Home Science.

Subject: Home Science Major Course IV

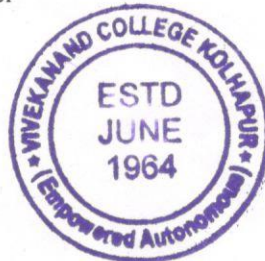
Course Title: **Introduction to Food Preservation and Food Safety**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 1: Introduction to Food Preservation	1.1 Definition and concept of Food Preservation 1.2 Objectives of Food Preservation 1.3 Scope of Food Preservation Industry in India Practical
6	2	8		
Month July			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 2: Principles of Food Preservation	2.1 Principles of Food Preservation 2.2 Common terms used in Food Preservation 2.3 Factors affecting growth of micro- organisms Practical
12	4	16		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 3: Methods of Food Preservation	3.1 Preservation by High Temperature 3.2 Preservation by Low Temperature 3.3 Preservation by Drying 3.4 Preservation by Preservatives 3.5 Preservation by Irradiation 3.6 New Methods of Preservation Practical
14	4			
Month September			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 4: Food Safety	4.1 Key terms, Factors affecting Food Safety 4.2 Food laws, Standards and Regulations 4.3 Food Additives and Contaminants 4.4 Hygiene and Sanitation 4.5 HACCAP Practical
12	4	12		
Month October:			Module/Unit	Sub-units planned
Lectures	practical's			Oral exam
4	2			

  
Dr. U. S. Khot  
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Annual Teaching Plan**

Academic Year: 2024-25 B.A.II Semester: ...III... Department: Home Science.

Subject: Home Science Minor Course III Course Title: **Basics of Interior Design**  
Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Fundamentals of Design	1.1 Elements of Arts 1.2 Principles of Design 1.3 Application of elements and principles of design in Interior decoration Practical
6	1	7		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no. 2 Colours	2.1 Colour- Definition and Importance 2.2 Dimensions of colour 2.3 Classification of colour 2.4 Effects of colour and colour schemes on Interior Decoration Practical
12	5	17		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 – Furniture arrangement	3.1 Importance of furniture, 3.2 Types of furniture and material used for furniture 3.3 Selection of furniture, furniture arrangement in different rooms 3.4 Care and maintenance of furniture Practical
14	4	16		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 4: Flower arrangement and Flower Decoration	4.1 Importance of flower arrangement and flower decoration 4.2 Material used for flower arrangement and flower decoration 4.3 Types of Flower Arrangement and Flower Decoration Practical
11	4	15		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
5	3	8		

  
Dr. U. S. Khot  
Name and Signature of Teacher

  
Name and Signature of HoD



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Annual Teaching Plan

Academic Year : 2024-2025

Semester : V

Department : Home Science

Class: B.A.III

Course Title : XI - Research Methodology in Home Science

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 1 Introduction to Research	Concept of Researc *Need and Importance of Research Types of Research *Steps of research *Concept and Types of data *Method of data collection *Sampling techniques
18	-	18		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 Research in Home Science	Interpretation of data *Scope of home science education in research *Facilities required for conducting research
16	-	16		
Month - Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 Research in Home Science Module no 4 Thurst areas of research in home science	Use of reference material *Report Writing  *Food & Nutrition *Family Resource Management *Human Development & Family Studies
16	-	16		
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 4 Thurst areas of research in home science Sem. V Exam	*Textile Science *Communication and Extension Revision
8	-	8		
Month - May 2023			Module/Unit:	Sub-units planned

Name and Signature of Teacher

Ms. Sai S. Patil

Name and Signature of HOD

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Annual Teaching Plan


Academic Year : 2024-2025  
Class: B.A.II

Semester : III  
Course Title : SEC- Beverages

Department : Home Science

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1	*Definition and importance of beverages *Function of beverages * Classification of beverages A)Non-alcoholic beverages
10	-	10		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1	B) Alcoholic beverages C) Soups D) Other beverages
8	-	8		
Month - Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2	* Common equipment used in beverages preparation *Effect of beverages on human body
8	-	8		
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem. III - Exam	*Revision
2	-	2		
Month - May 2023			Module/Unit:	Sub-units planned

  
Name and Signature of Teacher  
Ms. Sai S. Patil

  
Name and Signature of HOD



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**Annual Teaching Plan**

Academic Year : 2024-2025

Semester : V


Department : Home Science

Class: B.A.III

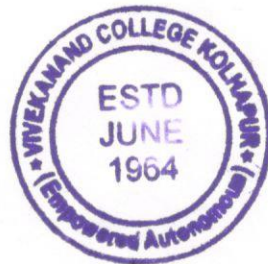
Course Title : X Space Planning and Design

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2 Space Planning	*Symbols used in house plan *Draw a ground floor plan for Low-income group
	16	16		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2 Space Planning	*Draw a ground floor plan for Middle-income group
	18	18		
Month - Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 4 Room by Room space planning	*Draw a ground floor plan for High -income group *Space planning of kitchen and drawing room/bedroom
	16	16		
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 4 Room by Room space planning	* Visit to Furniture mall Or Residential space
	8	8		
Month - May 2023			Module/Unit:	Sub-units planned

  
Name and Signature of Teacher  
Ms. Sai S. Patil

  
Name and Signature of HOD



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VIVEKANAND COLLEGE, KOLHAPUR (Empowered Autonomous)**

**Annual Teaching Plan**

Academic Year : 2024-2025

Semester : V

Department : Home Science

Class : B.A. III

Course Title : VII Meal Management

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Principal of Meal Planning	*concept of balanced diet *importance of balanced diet * concept and use of exchange list *concept and importance of DRI *concept and importance RDA * dietary guidelines for Indians * food pyramid *factors affecting meal planning Practical-
11	16	27		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 2 . Nutrition in Adulthood &Elderly	*RDA and nutritional guidelines and importance for adult * physiological change for Elderly *RDA and nutritional guidelines and importance for Elderly *practical – diet plan for Elderly person * physiological change RDA and nutritional guidelines and importance for pregnancy Practical-
12	16	28		
			Module - 3 .Nutrition during pregnancy and Lactation	
Month – Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 3 .Nutrition during pregnancy and Lactation Module - 4 -Nutrition during Infancy to Adolescent	* physiological change RDA and nutritional guidelines and importance for Lactation * Growth &development , RDA and nutritional guidelines and importance and healthy choice for Infant * Growth &development , RDA and nutritional guidelines and importance and healthy choice
11	12	23		



				for Preschool children * Growth & development, RDA and nutritional guidelines and importance and healthy choice for School children Practical -
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 4 Nutrition during Infancy to Adolescent Sem -V Exam	* Growth & development, RDA and nutritional guidelines and importance and healthy choice for Adolescent Practical Revision
6	8	14		
Month - May 2023			Module/Unit:	Sub-units planned

*Sai Patil*

Name and Signature of Teacher

Ms. Sai S. Patil



*[Signature]*

Name and Signature of HOD

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**Annual Teaching Plan**

Academic Year : 2024-2025

Semester : I Department: Home Science

Class: B.A.I

Course Title : IKS – Indian Traditional Cuisine

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Indian Cuisine	*Introduction to subject * History of Indian Traditional cuisine *Indian food culture *Indian spices / masale
9	-	9		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Indian Cuisine Module 2 State traditional cuisine	* Indian traditional sweets  *Maharashtrian cuisine *Rajsthani cuisine
9	-	9		
Month –Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2 State traditional cuisine	*Karanataka cuisine *Panjabi cuisine *Madhya Pradesh cuisine
9	-	9		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem. I - Exam	*Revision
3	-	3		
Month -			Module/Unit:	Sub-units planned

*Sai Patil*

Name and Signature of Teacher

Ms. Sai S. Patil

*[Signature]*

Name and Signature of HOD

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### Annual Teaching Plan

#### Department of Home Science

Academic Year: ...2024 - 25 Semester: ...V Course VIII

Course Title Fundamentals of Textile Science and Apparel Construction -II

Name of the teacher: Ms..Yogita S. Patil

Month ...July 2024.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	<b>Module-1</b> Introduction to Textile Printing and Painting	1. Concept of Textile printing and painting 2. Methods of Paintings 4. Fabric Painting
18	20	38	<b>Module-2</b> Principles and Elements of design in Apparel Construction	1. Principles of design  Practical
Month Aug 2024 .....				
Lectures	Practical's	Total	<b>Module-2</b> Principles and Elements of design in Apparel Construction	2. Elements of design
16	16	32	<b>Module-3</b> Basics of Croqui	1. Concept and Principle 2. Ten head Croqui Practical
Month Sep 2024 .....				
Lectures	Practical's	Total	<b>Module-3</b> Basics of Croqui	3. Hand and Leg moments
16	16	32	<b>Module-4</b> Elements of Apparel Construction	4. Types of Figures 1. Necklines 2. Yokes 3. Sleeves 4. Collars Practical
Month Oct 2024 .....				
Lectures	Practical's	Total	<b>Module-4</b> Elements of Apparel Construction	1. Fastener's Practical - Practical -Exam Revision V -Sem Exam
10	08	18		

Name and Signature of Teacher

Yogita S. Patil



Name and Signature of H.O.D.

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Annual Teaching Plan

Department of Home Science

Academic Year: ...2024 - 25 Semester V Course IX

Course Title: Human Development (Late Childhood and Adolescence)

Name of the teacher: Ms..Yogita S. Patil

Month ...July 2024.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	<b>Module-1</b> Late Childhood(6to12 years)Physical, Motor Development, Emotional Development <b>Module-2</b> Late Childhood-Cognitive Social and Moral development	1.Characterstics of late childhood 2.Pysical Development 3. Motor Development 4. Emotional Development 1. Cognitive development Preparation of Scrap Book on Late Childhood
16		16		
Month Aug 2024 .....				
Lectures	Practical's	Total	<b>Module-2</b> Late Childhood-Cognitive, Social and Moral development <b>Module-3</b> Adolescence(12to20 years) Physical Growth, Effects and Problems	2. Social Development 3. Moral Development  1. Meaning, Definition and characteristics of Adolescence 2. Physical Growth 3. Effect of Puberty Preparation of Scrap Book on Late Adolescence
19		19		
Month Sep 2024 .....				
Lectures	Practical's	Total	<b>Module-3</b> Adolescence(12to20 years) Physical Growth, Effects and Problems <b>Module-4</b> Adolescence-Socialization	4. Adolescent Problem  1. Friendships 2. Relationship with family 3. Relationship with peers 4. Gender equality Case Study Late Childhood /Adolescence
15		15		
Month Oct 2024 .....				
Lectures	Practical's	Total		Revision v- Sem Exam
07		07		

Name and Signature of Teacher  
Yogita S. Patil

Name and Signature of H.O.D.



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### Annual Teaching Plan

### Department of Home Science

Academic Year: 2024 - 25 Semester: V Course - X

Course Title: Space Planning and Design

Name of the teacher: Ms..Yogita S. Patil

Month ...July 2024.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	<b>Module-1</b>	1. Concept of House & Adequacy of Space .
12		12	Basic Concept in Space Planning and Design	2.Characteristics & Principles of Space Planning 3.Importance of Housing 4.Factors Affecting of Housing Needs of the Family
Month Aug 2024 .....				
Lectures	Practical's	Total	<b>Module-2</b>	1. Factors in House Planning
15		15	Space Planning	2.Types of House 3. Symbols Used in House Plan 4. Types of House Plan
			<b>Module-3</b>	1.Features of Housing
			Housing and Interior Environment	2.Room by room Planning 3.Plumbing 4.Drainage facility
Month Sep 2024 .....				
Lectures	Practical's	Total	<b>Module-4</b>	1.Definition Concept and Importance
10		10	Landscaping	2.Plants used in Landscaping 3.Material / Objects/ Articles /used in Landscaping 4.Kitchen Gardening Concept Importance and Guidelines
Month Oct 2024 .....				
Lectures	Practical's	Total		Revision
04		04		V -Sem Exam

*Patil.*

Name and Signature of Teacher

Yogita S. Patil



*[Signature]*

Name and Signature of H.O.D.

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DEPARTMENT OF HOME SCIENCE  
VIVEKANAND COLLEGE, KOLHAPUR  
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“ज्ञान विज्ञान आणि सुसंस्कार यांसाठी शिक्षणप्रसार”

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Annual Teaching Plan

Department of Home Science

B.A Part II Sem-III NEP 2020 VSC- III

Course Title: Home Decoration Accessories

Teacher Name: Yogita S. Patil

Month ...July 2024.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	1) Concept and Importance
08		08		
Month Aug 2024 .....				
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	2)Type of Accessories
08		08		
Month Sep 2024 .....				
Lectures	Practical's	Total	Module-2	1)Selection and Placement of accessories  2) Accessories use for Interior Decoration
08		08		
Month Oct 2024 .....				
Lectures	Practical's	Total	Module-2  Exam	2) Accessories use for Interior Decoration  Revision
03		03		

Name and Signature of Teacher  
Ms. Yogita S. Patil



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Annual Teaching Plan

Academic Year: ...2024-2025 Semester:...II...

Department of Home Science

Subject Home Science: Course DSC-II (2DSC01HOM21)

Course Title: **Resource Management**

Name of the teacher: ...Dr. U.S.Khot

Month Dec.....			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-1 Introduction to Resource Management	1) Meaning and Concept of Management 2) Need of Management in day -to-day life 3) Management in changing world 4) Motivational factors in management  Practical
12	4*3 (12)	24		
Month January...			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module-2 Resources	1) Understanding meaning and concept of resources  2) Classification of resources 3) Characteristics of resources 4) Factors affecting utilization of resources  Practical
12	4*3(12)	24		
Month February...			Module/Unit:	Sub-units planned

9	3*3 (9)	17	Module 3 Availability and Management of Specific resources by an individual /Family	1)Money: Meaning, sources, ways of improving money income 2)Time:Concept, Classification, importance and Characteristic 3)Energy:Concept Classification and Importance Practical
Month March... .....			Module/Unit:	Sub-units planned
12	4*3(12)	24	Module-4 Functions of Management: An overview	1 Decision Making –Meaning, steps and Importance 2 Planning – Meaning ,Steps Characteristics and advantages 3 Controlling- Meaning, Steps and importance Practical
Month April...			Module/Unit:	Sub-units planned
6	2*3(6)	12	Module-4 Functions of Management: An overview	4 Evaluation –Meaning, types and advantages Practical Oral exam



Name and Signature of Teacher



Name and Signature of HoD



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Annual Teaching Plan

Academic Year: ...24-25 Semester: IV... Department: of Home Science  
Subject Home Science: Course V (DSC01HOM41)

Course Title: **Fundamentals of Textile Science and Apparel Construction-I**  
Name of the teacher: Dr....U.S.Khot

Month December .....			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Textile Fibres and Yarns	1.1 Definition and Classification of Textile Fibres based on their origin and length
5	2(4)	6		
Month ... January .....			Module/Unit:	Sub-units planned
Lectures	Practicals		Module 1: Textile Fibres and Yarns Module 2: Fabric Construction	1.2 Manufacturing and Properties of Cotton, Silk, Wool, Viscose Rayon and Polyester 1.3 Classification of yarn - Simple and Novelty yarns, Yarn Twist, Yarn Count 2.1 Basic Parts of loom 2.2 Weaves - Basic Weaves: Plain, Twill, Satin Novelty Weaves: Lino, Jacquard, Pile, Lappet, Spot Weave Practical
12	4 (8)	20		
Month February .....			Module/Unit:	Sub-units planned
9	4(8)	17	Module 2: Fabric Construction Module 3: Introduction to Apparel Construction	2.3 Finishes- Definition, Objectives and Classification 2.4 Finishing Processes- Singeing, Scouring, Bleaching, Sanforizing, Mercerising, Sizing, Water proof, Fire proof finishes 3.1 Terms used in Apparel Construction-Seam Allowance,

				Pattern, Grading, Notch, Stay stitching 3.2 Tools and equipment used for measuring, drafting, pinning, marking, cutting, Sewing, Pressing Practical
Month March..... .....			Module/Unit:	Sub-units planned
12	4(8)	20	Module 3: Introduction to Apparel Construction Module 4: Pattern Drafting and Elements of Clothing Construction	3.3 Preparation of fabrics for clothing construction-Shrinking, Strengthening, Layout, Marking and Cutting of Patterns 4.1 Body Measurement-Types and Guidelines for taking body measurements 4.2 Drafting, Types of Paper Pattern Practical
Month April			Module/Unit:	Sub-units planned
8	2(4)	12	Module 4: Pattern Drafting and Elements of Clothing Construction	4. 3 Basic Elements of Apparel Construction i) Seams-Plain, French, Flat fell ii) Darts-Open, Close, Double iii) Pleats-Simple, Box, Side Pleat  Practical Practical Exam

  
Name and Signature of Teacher

  
Name and Signature of HoD



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Annual Teaching Plan

Academic Year: 24-25 Semester IV Department: of Home Science

Subject **Home Science**: Course VI (DSC01HOM42)

Course Title:- **Development in Prenatal Period to Early Childhood**

Name of the teacher: Dr. U.S.Khot

Month December.....			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Introduction to Human Development	1.1 Meaning, Definition and Scope of Human Development 1.2 . Definition of Growth and Development, Stages of development
5	2	7		
Month January... .....			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Introduction to Human Development Module2Prenatal Development	1.3 Dimensions and Principles of development 1.4 Factors affecting growth and development 1.2 Male and Female reproductive system Practical
13	5(10)	23		
Month ... February .....			Module/Unit:	Sub-units planned
8	4(8)	12	Module2Prenatal Development	.2.2 Menstrual cycle, Conception, Stages of prenatal development 2.3 Signs of pregnancy 2.4 Care during pregnancy 2.5 Factors influencing prenatal development Practical
Month March... ..			Module/Unit:	Sub-units planned

11	3(6)	17	Module 3: Neonate and Infant Development Module 4: Early Childhood Development	3.1 Characteristics of new born and Reflexes 3.2 Adjustment of neonate and Care of neonate 3.3 Infant development milestones 3.4 Language development 4.1 Physical Development- Height, Weight, Body proportions, teeth and Bone Development 4.2 Motor Development- Factors affecting motor development, gross and finer motor Skills, handedness Practical
Month April...			Module/Unit	Sub-units planned
8	2(4)	12	Module 4: Early Childhood Development	4.3 Cognitive Development- Mental processes: Perception, Thinking, reasoning, Memory, Imagination, Curiosity, Concept Formation 4.4 Emotional Development Definition and Characteristics , Emotion in Childhood- Love and Affection, Fear, Anger, Temper tantrums Practical Exam.

Name and Signature of Teacher




Name and Signature of HoD



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Annual Teaching Plan

Academic Year: ...24-25 Semester:...IV... Department: of Home Science

Subject **Home Science**: Minor Course IV (MIN01HOM41)

Course Title: **Fundamentals of Textile Science and Clothing Construction-I**

Name of the teacher: Dr....U.S.Khot

Month December .....			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Module 1: Textile Fibres and Yarns	1.1 Definition and Classification of Textile Fibres based on their origin and length
6	3(6)	12		
Month ... January .....			Module/Unit:	Sub-units planned
Lectures	Practicals		Module 1: Textile Fibres and Yarns Module 2: Fabric Construction	1.2 Manufacturing and Properties of Cotton, Silk, Wool, Viscose Rayon and Polyester 1.3 Classification of yarn - Simple and Novelty yarns, Yarn Twist, Yarn Count 2.1 Basic Parts of loom 2.2 Weaves - Basic Weaves: Plain, Twill, Satin Novelty Weaves: Lino, Jacquard, Pile, Lappet, Spot Weave Practical
14	4 (8)	22		
Month February .....			Module/Unit:	Sub-units planned
12	4(8)	20	Module 2: Fabric Construction Module 3: Introduction to Apparel Construction	2.3 Finishes- Definition, Objectives and Classification 2.4 Finishing Processes- Singeing, Scouring, Bleaching, Sanforizing, Mercerising, Sizing, Water proof, Fire proof finishes 3.1 Terms used in Apparel Construction-Seam Allowance, Pattern, Grading, Notch, Stay stitching

				3.2 Tools and equipment used for measuring, drafting, pinning, marking, cutting, Sewing, Pressing Practical
Month March..... .....			Module/Unit:	Sub-units planned
9	4(8)	17	Module 3: Introduction to Apparel Construction Module 4: Pattern Drafting and Elements of Clothing Construction	3.3 Preparation of fabrics for clothing construction-Shrinking, Strengthening, Layout, Marking and Cutting of Patterns 4.1 Body Measurement-Types and Guidelines for taking body measurements 4.2 Drafting, Types of Paper Pattern Practical
Month April			Module/Unit:	Sub-units planned
6	2(4)	12	Module 4: Pattern Drafting and Elements of Clothing Construction	4. 3 Basic Elements of Apparel Construction i) Seams-Plain, French, Flat fell ii) Darts-Open, Close, Double iii) Pleats-Simple, Box, Side Pleat  Practical Practical Exam

Name and Signature of Teacher



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**Annual Teaching Plan**

**Academic Year : 2024-2025**

**Semester : VI**

**Department: Home Science**

**Class : B.A. III**

**Course Title : XII Dietetics**

**Name of the teacher : Ms. Sai Satish Patil**

Month – Nov.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Introduction to Therapeutic nutrition	Meaning & Objective of Therapeutic nutrition Role of Dietician in Nutrition care process Therapeutic adaptations of the normal diet- Progressive dite, method of feeding , modification of dite according nutrient requirement
12	2	14		
Month – Dec..			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2  Nutritional management of Infection and Fever	Etiology, clinical,types and nutritional management of Typhoid  Etiology, clinical,types and nutritional management of Tuberculosis  Practical -
14	4	18		
Month –Jan..			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2  Nutritional management of Infection and Fever  Module no 3  Nutritional management of G I Tract Disorder	Etiology, clinical,types and nutritional management of HIV  Etiology, clinical,types and nutritional management of Diarrhoea  Practical -  I
12	5	17		

Month – Feb.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 3	Etiology, clinical,types and nutritional management of Constipation
12	4	16	Nutritional management of G I Tract Disorder	Etiology, clinical,types and nutritional management of Infective Hepatitis  Practical

Month – Mar.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 4	Etiology, clinical,types and nutritional management of Constipation
13	4		Nutritional management in following conduction	Etiology, clinical,types and nutritional management of Peptic Ulcers Practical
Month – April			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 4	Eating disorders : Anorexia Nervosa and Bulemia Revision Practical Exam Sem.VI Exam
10	8	18	Nutritional management in following conduction	

Sai Patil  
Name and Signature of Teacher Ms. Sai S. Patil

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**Annual Teaching Plan**

**Academic Year :** 2024-2025

**Semester :** VI

**Department:** Home Science

**Class :** B.A. III

**Course Title :** XIV Introduction to Guidance and Counseling

**Name of the teacher :** Ms. Sai Satish Patil

Month – Nov.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 1	Definition and importance of Guidance and Counselling , difference between guidance and counselling
9		9	Introduction to Guidance and Counselling	
Month – Dec..			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 1	Goals of counselling Professional and Ethical Issues Characteristics and skills of a counseller
16		16	Introduction to Guidance and Counselling	
			Module no 2	Preparation of Counselling
			Counselling Process and techniques	
Month –Jan.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 2	Counselling relationship
18		18	Counselling Process and techniques	Techniques of counselling Factors affecting the counselling process

Month – Feb.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 3	Counselling the Elementary school child
14		14	Educational Counselling	Counselling High school child
				Counselling college student
				Role of teacher in counselling

Month – Mar.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 4	Family Counselling
17		17	Counselling Application	Pre- martial and Marital Counselling
Month – April			Module/Unit:	Sub-units planned
Lecture	Practical's	Total		Career counselling
15		15		Counselling for special children's
				Revision
				Sem VI Exam

SaiPatil  
 Ms. Sai S. Pati  
 Name and Signature of Teacher

[Signature]  
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**Annual Teaching Plan**

**Academic Year : 2024-2025**

**Semester : VI**

**Department: Home Science**

**Class : B.A. III**


**Course Title : XV - Entrepreneurship Development**

**Name of the teacher : Ms. Sai Satish Patil**

Month – Nov.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 1 Entrepreneur	* Introduction to practical *Preparation of detail Project Report on related topic
	6	6		
Month – Dec..			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 1 Entrepreneur	*Preparation of detail Project Report on related topic
	7	7		
Month –Jan..			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module No 2 -Entrepreneurship Development	* Study Visit to any Small or Large Scale Industry
	10	10		
Month – Feb.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module no 3 Women Entrepreneurship	*INterview of Successful Women Enterprises in the Relevant Field
	6	6		
Month – Mar.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module No 4 Entrepreneurship Through Home Science Education	* One week training for skill development in any field and submission of report
	8	8		
Month – April			Module/Unit:	Sub-units planned
Lecture	Practical's	Total		Revision sem VI Practical Exam
	8	8		

  
Name and Signature of Teacher



  
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Annual Teaching Plan

Academic Year : 2024-2025

Semester : IV

Department: Home Science

Class: B.A.II

Course Title : SEC VI – Development Centers for Children

Name of the teacher : Ms. Sai Satish Patil

Month - Dec.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Need and Rights of Children	Introduction to subject Need of children
5		5		
Month -Jan.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Need and Rights of Children	Rights of children Importance of early years in individuals life
9		9		
Month -Feb.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2 Centres for Childern	Play Centres – need, importance ,function Creches/ Day care centres - need, importance ,function
8		8		
Month - Mar.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module 2 Centres for Childern	Anganwadi - need, importance ,function Nursery School - need, importance ,function
8		8		
Month - April			Module/Unit	Sub-units planned
Lecture	Practical's	Total	M Module 2 Centres for Childern odule/Unit:	Activities conducted in centres Revision Sem IV exam
9		9		

*Sai Patil*  
Name and Signature of Teacher (Ms. Sai S. Patil)

*[Signature]*  
Name and Signature of HOD



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**Annual Teaching Plan**

**Department of Home Science**

**Academic Year :- 2024-2025**

**B. A. Part – III Semester :- VI Course - XIII**

**Course Title : Traditional Indian Textile & Embroideries**

**Name of the Teacher : Ms.Yogita S. Patil**

Month- Nov.2024			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Textile Traditional of Maharashtra & Gujarat	History, Technique, Designs & Colour: 1. Pakistani of Maharashtra 2. Patola of Gujarat Practical –
11	12	23		
Month- Dec.2024				
Lectures	Practical's	Total	Module – 2 Traditional Textiles of Banaras & West Bengal Module – 3 Basic Indian Hand Embroidery Stitches	History, Technique, Designs & Colour: 1. Brocades of Banaras 2. Baluchari & Jamdani of West Bengal 1.Material required for Indian Hand Embroidery Practical -
15	20	35		
Month- Jan.2025				
Lectures	Practical's	Total	Module – 3 Basic Indian Hand Embroidery Stitches	2.Design & colour combination used in Hand Embroidery 3. Basic Hand Embroidery Stitches Practical –
16	19	35		
Month- Feb.2025				
Lectures	Practical's	Total	Module – 4 Traditional Embroideries of Indian	History, Motiffs, Colour Combinations, Types of Threads & Stitches used in 1. Kantha of West Bengal 2. Kasuti of Karnataka Practical –
16	14	30		
Month- Mar.2025				
Lectures	Practical's	Total	Module – 4 Traditional Embroideries of Indian	3. Chikankari of Utter Pradesh 4. Phulkari of Punjab 5. Kashmiri Embroidery
16	16	32		
Month April.2024				
Lectures	Practical's	Total		Revision & Exam
07	06	13		

*Yogita S. Patil*

Ms. Yogita S.Patil  
Subject Teacher



*Urmila S. Khot*

Dr. Urmila S. Khot  
HoD

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**Annual Teaching Plan**

**Department of Home Science**


**Academic Year :- 2024- 2025**

**B. A. Part - III Semester :- VI Course -XV**


**Course Title : Entrepreneurship Development**

**Name of the Teacher : Ms.Yogita S. Patil**

Month .Nov.2024			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Entrepreneur	1. Meaning & Definition Entrepreneur 2. Qualities of Successful Entrepreneur 3. Types of Entrepreneur
09		09		
Month- Dec.2024				
Lectures	Practical's	Total	Module - 1	4. Obstacles to Become an Entrepreneur 5. Challenges Before existing Entrepreneur
13		13		
			Module - 2 Entrepreneurship Development	Entrepreneurship Development 1. Concept, Definition & Importance 2. Concept, Objective & Scope
Month .Jan 2025				
Lectures	Practical's	Total	Module - 2 Entrepreneurship Development	3. Process 4. Problems  Women Entrepreneurship 1. Concept & Function 2. Qualities
13		13		
			Module - 3 Women Entrepreneurship	
Month .Feb.2025				
Lectures	Practical's	Total	Module - 3 Women Entrepreneurship	3. Problems & Remedies 4. Recent Trends
12		12		
			Module - 4 Entrepreneurship Through Home Science Education	1. Scope of Home Science Education for Entrepreneurship
Month Mar.2025				
Lectures	Practical's	Total	Module - 4 Entrepreneurship Through Home Science Education	2. Micro, Small & Medium Enterprises – Definition, Importance, Problems 3. Policies & Schemes for Micro, Small & Medium Enterprises
12		12		
Month April 2025				
Lectures	Practical's	Total		
05		05		Revision & Exam

  
Ms. Yogita S. Patil  
Subject Teacher



  
Dr. Urmila S. Khot  
HOD

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Annual Teaching Plan

Department of Home Science


Academic Year :- 2024-2025

B. A. Part - III Semester :- VI Course - XVI

Course Title : Home Science Extension Education

Name of the Teacher: Ms. Yogita S. Patil

Month .Nov.2024			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Education and Communication	1. Teaching – Definition & Principles 2. Learning – Definition & Principles 3. Education – Definition Meaning & Types
11		11		
Month Dec.2024			Module –2 Extension Education	1. Introduction, Definition & Objectives 2. Principles of Extensions Education 3. Extension Education Process 4. Extension Workers : Definition & Qualities
Lectures	Practical's	Total		
18		18		
Month –Jan.2025			Module –3 Extension Teaching Methods	1. Definition & Classification of Extension Teaching Methods 2. Individual Contact Methods – Farm & home visit, Telephone call, Personal Letters 3. Group Contact Methods – General meeting, Lecture, Demonstration, Workshop, Seminar, Conferences, Symposium
Lectures	Practical's	Total		
17		17		
Month-Feb.2025			Module - 3 Extension Teaching Methods Module - 4 Communication in Extension Education	4. Mass contact methods – Radio, TV, Film shows, Puppet show, Drama, Street, play 1. Communication – Definition, Process, Types 2. Audio visual aids – Meaning & Classification
Lectures	Practical's	Total		
16		16		
Month .March 2025			Module - 4	3. Non Projected Aids : Posters, Boards, Graphs, Charts, Flash cards, Exhibition, Booklets & Models 4. Projected Aids: LCD, Interactive board 5. Advance Communication : ICT & Social Networking
Lectures	Practical's	Total		
16		16		
Month April.2025				Revision & Exam
Lectures	Practical's	Total		
07		07		

  
Ms. Yogita S. Patil  
Subject Teacher



  
Dr. Urmila S. Khot  
HOD

**HEAD**  
DEPARTMENT OF HOME SCIENCE  
VIVEKANAND COLLEGE, KOLHAPUR  
(EMPOWERED AUTONOMOUS)

“Education for Knowledge, Science and Culture”

Shikshahmaharshi Dr. Bapuji Salunkhe

**Shri. Swami Vivekanand Shikshan Sanstha's Kolhapur**  
**VIVEKANAND COLLEGE, KOLHAPUR (EMPOWERED AUTONOMOUS)**

**Annual Teaching Plan**

**Department of Home Science**

**Academic Year :- 2024-2025**

**B.A Part II Sem – IV NEP 2020 SEC-IV**

**Course Title:Textile Market and Consumer**

**Teacher Name:Yogita S. Patil**

Month Nov.2024.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	<b>Module-1</b> Textile Market	1)Purchase of Textiles 2)Factors influencing purchase of Textiles storage and Care of Textile
06		06		
Month Dec. 2024 .....				
Lectures	Practical's	Total	<b>Module-1</b> Textile Market	2)Factors influencing purchase of Textiles storage and Care of Textile
07		07		
Month Jan 2025 .....				
Lectures	Practical's	Total	<b>Module-1</b> Textile Market <b>Module-2</b> Consumer	3) Storage and Care of Textile 1)Problem of Consumer
10		10		
Month Feb 2025 .....				
Lectures	Practical's	Total	<b>Module-2</b> Consumer	2) Remedies for the Problem
06		06		
Month Mar. 2025 .....				
Lectures	Practical's	Total	<b>Module-2</b> Consumer	3) Labels Importance of Labelling, Types of Labels
08		08		
Month April 2025 .....				
Lectures	Practical's	Total		Revision Exam
03		03		

*Patil*

Ms. Yogita S. Patil  
Subject Teacher



*Dr. Urmila S. Khot*

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