

“ज्ञान, विज्ञान आणि सुसंस्कार यांसाठी शिक्षण प्रसार”
शिक्षणमहर्षी डॉ.बापूजी साळुंखे
Shri. Swami Vivekanand Shikshan Sanstha Kolhapur's
VIVEKANAND COLLEGE, KOLHAPUR
(AN EMPOWERED AUTONOMOUS INSTITUTE)
Annual Teaching Plan

Academic Year: 2026-27. B.A.I Semester: I... Department: Home Science.

Subject: Home Science Course I Course Title: **Fundamentals of Food Science and Nutrition**

Name of the teacher: Dr. U. S. Khot.

Month June.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Understanding <u>food and Nutrition</u>	1 Basic terms used in study of food and nutrition 2 Understanding relationship between food, nutrition and health 3 Functions of food Practical
6	1*3(3)	9		
Month July.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Understanding <u>food and Nutrition</u> Module-2 Food Groups	3 Functions of food Module-2 1 Basic five food groups 2 Selection and nutritional contribution and changes during cooking of the following food groups: Cereals, Pulses, Fruits and vegetables, Milk & milk products Eggs ,Meat, poultry and fish Fats and Oils Practical
15	4*3(12)	27		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	28	Module 3 Methods of cooking with advantages disadvantage	1 Objective of cooking 2 Moist heat: Boiling, Steaming, Pressure cooking 3 Dry heat: Roasting, Baking 4 Frying: Deep and Shallow frying 5 Recent trends Microwave cooking Practical
11	4*3(12)			

Month September			Module/Unit:	Sub-units planned
Lectures 12	Practical's 4*3(12)	24	Module-4 Nutrients:	Functions, dietary sources and clinical manifestations of deficiency/ excess of the following nutrients: 1 Carbohydrates, lipids and proteins 2 Fat soluble vitamins-A, D, E and K 3 Water soluble vitamins – thiamine, riboflavin, niacin and vitamin C 4 Minerals – calcium, iron, iodine and zinc Practical
Month October: +			Module/Unit	Sub-units planned
Lectures 5	Practical 1*3(3)	8		Oral exam


 Name and Signature of Teacher


 Name and Signature of HoD
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Annual Teaching Plan

Academic Year: 2026-27 B.A.II Semester ; III... Department: Home Science.

Subject: Home Science Major Course III Course Title: **Fundamentals of Interior Design**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Fundamentals of Design	1.1 Elements of Arts 1.2 Principles of Design Practical
5	1	6		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Fundamentals of Design Module no. 2 Colours	1.3 Application of elements and principles of design in Interior decoration 2.1 Colour- Definition and Importance 2.2 Dimensions of colour 2.3 Classification of colour 2.4 Effects of colour and colour schemes on Interior Decoration Practical
12	4	16		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module no 3 - Furniture arrangement	3.1 Importance of furniture, 3.2 Types of furniture and material used for furniture 3.3 Selection of furniture, furniture arrangement in different rooms 3.4 Care and maintenance of furniture Practical
11	4	15		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 4: Flower arrangement and Flower Decoration	4.1 Importance of flower arrangement and flower decoration 4.2 Material used for flower arrangement and flower decoration 4.3 Types of Flower Arrangement and Flower Decoration Practical
14	5	19		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
6	2	8		

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Annual Teaching Plan

Academic Year: 2026-27 B.A.II Semester:...III... Department: Home Science.

Subject: Home Science Major Course IV

Course Title: **Introduction to Food Preservation and Food Safety**

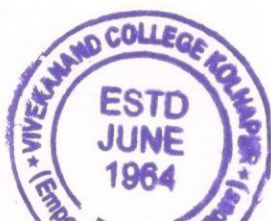
Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 1: Introduction to Food Preservation	1.1 Definition and concept of Food Preservation
6	2	8		1.2 Objectives of Food Preservation Practical
Month July			Module/Unit:	Sub-units planned
Lectures	practical's	Total	Module 1: Introduction to Food Preservation Module 2: Principles of Food Preservation	1.3 Scope of Food Preservation Industry in India
14	4	18		2.1 Principles of Food Preservation 2.2 Common terms used in Food Preservation 2.3 Factors affecting growth of micro- organisms Practical
Month August			Module/Unit:	Sub-units planned
Lectures 12	Practical's 4	Total 16	Module 3: Methods of Food Preservation	3.1 Preservation by High Temperature 3.2 Preservation by Low Temperature 3.3 Preservation by Drying 3.4 Preservation by Preservatives 3.5 Preservation by Irradiation 3.6 New Methods of Preservation Practical
Month September			Module/Unit:	Sub-units planned
Lectures 14	practical's 3	Total 17	Module 4: Food Safety	4.1 Key terms, Factors affecting Food Safety 4.2 Food laws, Standards and Regulations 4.3 Food Additives and Contaminants 4.4 Hygiene and Sanitation 4.5 HACCAP Practical
Month October:			Module/Unit	Sub-units planned
Lectures 4	practical's 2			Oral exam

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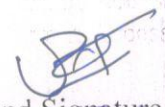
Academic Year: 2026-27 B.A.II Semester:...III... Department: Home Science.

Subject: Home Science Minor Course I Course Title: **HOME MANAGEMENT**

Name of the teacher: Dr. U. S. Khot

Month June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1 Work Simplification	Module 1 1.1 Definition and importance and Principles of Work Simplification . Practical
5	1	6		
Month July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 1: Work Simplification Module 2 Home Decoration	1.2 Mundel's classes of change. 1.3 Techniques of work simplification. 1.4 Application of Mundel's classes of change in household activities. 2.1 Introduction to Elements of Arts Practical
12	5	17		
Month August			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 2 Home Decoration Module 3 Household Accessories	2.2 Introduction to Principle of Design 3.1 Meaning, Definition and Importance 3.2 Classification of Accessories. 3.3 Some Important Accessories. Practical
14	4	18		
Month September			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module 3 Household Accessories Module 4 Floor Decoration	3.4 Guidelines in Selection and Placement of Accessories. 4.1 Introduction 4.2 Importance of Rangoli Decoration 4.3 Materials Used 4.4 Types of Rangoli Practical
11	4	15		
Month October			Module/Unit	Sub-units planned
Lectures	Practical's	Total		Oral exam
5	3	8		


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Annual Teaching Plan

Academic Year : 2026-2027

Semester : V

Department: Home Science

Subject : Home Science

Course Title : DSC VII Meal Management

Name of the teacher : Ms. Sai Satish Patil

Month - June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Principal of Meal Planning	*concept of balanced diet *importance of balanced diet * concept and use of exchange list *concept and importance of DRI *concept and importance RDA * dietary guidelines for Indians * food pyramid
8	4	12		
Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Principal of Meal Planning	*factors affecting meal planning *RDA and nutritional guidelines and importance for adult * physiological change for Elderly *RDA and nutritional guidelines and importance for Elderly *practical – diet plan for Elderly person Practical-
13	8	21		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 3 .Nutrition during pregnancy and Lactation	* physiological change RDA and nutritional guidelines and importance for pregnancy * physiological change RDA and nutritional guidelines and importance for Lactation Practical
11	8	19		
Month - Sept.			Module/Unit:	Sub-units planned

Lecture	Practical's	Total	Module - 4 -Nutrition during Infancy to Adolescent	* Growth & development , RDA and nutritional guidelines and importance and healthy choice for Infant * Growth & development , RDA and nutritional guidelines and importance and healthy choice for Preschool children Practical
11	8	19		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 4	* Growth & development , RDA and nutritional guidelines and importance and healthy choice for School children * Growth & development , RDA and nutritional guidelines and importance and healthy choice for Adolescent Practical
11	8	19	Nutrition during Infancy to Adolescent	
Month – Nov.			Module/Unit:	Sub-units planned
Lecture 3	Practical's 2	Total 5	Sem –V Exam	
Month –			Module/Unit:	Sub-units planned
Lecture	Practical's	Total		

Sai Patel (Ms. Sai S. Patil)
Name and Signature of Teacher

Dr. U. S. Khot
Dr. U. S. Khot

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Annual Teaching Plan

Academic Year : 2026-2027

Semester : V

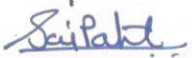
Department: Home Science

Subject : Home Science

Course Title : DSC IX Space Planning and Design

Name of the teacher : Ms. Sai Satish Patil

Month - June			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Practical no 1	*Introduction to Subject *Symbols used in House plan
	1	1		
Month - July			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Practical no 1	* Draw ground floor for Low - income group
	10	10		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practicals	Total	Practical no 2	* Draw ground floor for Middle - income group
	8	8		
Month - Sept.			Module/Unit:	Sub-units planned
Lecture	Practicals	Total	Practical no 3	* Draw ground floor for High - income group
	8	8		
Month - Oct..			Module/Unit:	
Lecture	Practicals	Total		*Space planning of kitchen & drawing room/Bed room *Visit to Kitchen Garden /Flower show / Landscaping site Sem V Exam
	2	2		


Name and Signature of Teacher


Dr. U. S. Khot

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Annual Teaching Plan

Academic Year : 2026-2027

Semester : V

Department: Home Science

Subject : Home Science

Course Title : MIN III – Dynamic of Marriage and Family

Name of the teacher : Ms. Sai Satish Patil

Month - June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Marriage	* Definition & Function of Marriage *Readiness for marriage &factors to be considered for mate selection
6		6		
Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Marriage Module - 2 Family	* Types of marriage *Changing nature of marriage *Characteristics of marriage Definition &function of family * Types of family – Nuclear, Joint, Extended *Changing forms of family – causes and consequences *Role of husband and wife – traditional and modern
16		16		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 3 Adjustment in Marriage and Family	*Adjustment in Marriage and Family – economical, sexual, career, religious and social *Parenthood – concept, task and skills *Family planning – need and method *Family crisis – concept, causes
15		15		

Month – Sept.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 4 Laws related to Marriage and Family	*Hindu marriage act, Special Marriage act, Family Violence act, Sexual Harassment at work place act, Prohibition of sex selection act
14		14		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 4 Laws related to Marriage and Family	, Hindu Adoption and Maintenance act *Surrogacy *Problem of adult single women Revision
17		17		
Month – Nov.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem –V Exam	
1		1		
Month – Nov.			Module/Unit:	Sub-units planned


 Name and Signature of Teacher (Ms. Sai S. Patil)


 Dr. U. S. Khot

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Annual Teaching Plan

Academic Year : 2026-2027

Semester : I

Department: Home Science

Subject : Home Science

Course Title : IKS – Indian Traditional Cuisine

Name of the teacher : Ms. Sai Satish Patil

Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Indian Cuisine	*History of Indian Traditional cuisine *Indian food culture
10		10		
Month – Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Indian Cuisine	*Indian Spices / Masale *Indian Traditional Sweets
7		7		
Month –Sept.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 2 State Traditional Cuisine	*Eastern state cuisine * Western state cuisine
7		7		
Month – Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 2 State Traditional Cuisine	*Southern state cuisine *Northern state cuisine *Central state cuisine
17		17		
Month – Nov.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem –I Exam	Revision
2		2		
Month –			Module/Unit:	Sub-units planned

SaiPatil

Ms. Sai S. Patil

Name and Signature of Teacher

Dr. U. S. Khot

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Annual Teaching Plan

Academic Year : 2026-2027

Semester : III

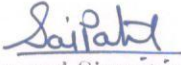
Department: Home Science

Subject : Home Science

Course Title : SEC –I Beverages

Name of the teacher : Ms. Sai Satish Patil

Month - June			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Beverages	* Introduction to subject
2		2		
Month - July			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 1 Beverages	*Decimation and importance of beverages *Functions of beverages
8		8		
Month - Aug.			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module - 2 Beverages	*Classification of beverages A] Non-alcoholic beverages B] Alcoholic beverages
6		6		
Month - Sept.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Module - 2 Beverages	
6		6		
Month - Oct.			Module/Unit:	Sub-units planned
Lecture	Practical's	Total	Sem - III Exam	* Common Equipment used in beverage preparation *Effect of beverages on human body Revision
10		10		
Month - Nov.			Module/Unit:	Sub-units planned


Name and Signature of Teacher (Ms. Sai S. Patil)


Dr. U. S. Khot

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Annual Teaching Plan

Department of Home Science

Academic Year - 2026 - 27 Semester - V Course Code-VIII 2DSC01HOM 51

Course Title - Textile Science and Apparel Construction

Name of the teacher : Ms..Yogita S. Patil

Month ...June 2026.....			Module / Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Introduction to Textile Printing and Painting	Introduction
08	06	14		1. Concept of Textile printing and Painting Practical
Month ..July 2026				
Lectures	Practical's	Total	Module-1 Introduction to Textile Printing and Painting	2.Methods of Paintings .3Fabric Painting
11	08	19		Practical
Month .. Aug 2026.....				
Lectures	Practical's	Total	Module-2 Principles and Elements of design in Apparel Construction Module-3 Basics of Croqui	1.Principles of Design 2.Elements of Design
10	09	19		1.Concept and Principle 2. Ten head Croqui Practical
Month Sept. 2026.....				
Lectures	Practical's	Total	Module-3 Basics of Croqui Module-4 Elements of Apparel Construction	3.Hand and Leg moments 4.Types of Figures
11	6	17		1.Necklines 2.Yokes 3.Sleeves Practical –

Month ...Oct. 2026.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-4 Elements of Apparel Construction	4.Collars 5.Fastener's
10	06	16		Practical –Exam Revision V – Sem Exam

ms. Yogita S. Patil
ms. Yogita S. Patil
Name and Signature of Teacher

[Signature]
Name and Signature of H.O.D.

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Annual Teaching Plan

Department of Home Science

Academic Year: 2026 - 27 Semester V Course Code DSE-I 2DSE01HOM51

Course Title: Human Development (Late Childhood and Adolescence)

Name of the teacher: Ms..Yogita S. Patil

Month ...June 2026.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Late Childhood(6to12 years)Physical, Motor Development, Emotional Development	1.Characteristics of late childhood 2.Physicai Development
09		09		
Month July 2026.....				
Lectures	Practical's	Total	Module-1 Late Childhood(6to12 years)Physical, Motor Development Emotional Development	3. Motor Development 4 Emotional Development
14		14		
			Module-2 Late Childhood- Cognitive, Social and Moral development	1, Cognitive Development 2.Social Development Preparation of Seminar on Late Childhood or Adolescence
Month Aug. 2026				
Lectures	Practical's	Total	Module-2	

13		13	Late Childhood- Cognitive, Social and Moral development Module-3 Adolescence(12to20 years) Physical Growth ,Effects and Problem	3Moral Development 1. Meaning , Definition and characteristics of Adolescence 2. Physical Growth
Month Sept. 2026				
Lectures	Practical's	Total	Module-3 Adolescence(12to20 years) Physical Growth ,Effects and Problems	3.Effect of Puberty 4.Adolescent Problem
11		11	Module-4 Adolescence- Socialization	1.Friendship 2.Relationship with Family
Month Oct. 2026				
Lectures	Practical's	Total	Module-4 Adolescence- Socialization	3. Relationship with peers 4. Gender equality Seminar Presentation Revision v- Sem Exam
14		14		

Patil
Ms. Yogita S. Patil
Name and Signature of Teacher

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Name and Signature of H.O.D.

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Annual Teaching Plan

Department of Home Science

Academic Year: 2026 -27 Semester: V Course Code – IX 2DSC 01HOM53

Course Title: Space Planning and Design

Name of the teacher: Ms..Yogita S. Patil

Month ...June 2026.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Basic Concept in Space Planning and Design	Introduction 1. Concept of House & Adequacy of Space Planning 2. Characteristics & Principles of Space Planning
10		10		
Month July 2026				
Lectures	Practical's	Total	Module-1 Basic Concept in Space Planning and Design	3. Importance of Housing 4. Factors Affecting of Housing Needs of the Family
14		14	Module-2 Space Planning	
				1. Factors in House Planning 2. Types of House 3. Symbols Used in House Plan
Month Aug. 2026				
Lectures	Practical's	Total	Module-2 Space Planning	4. Types of House Plan
13		13	Module-3 Housing and Interior— Environment	
				1. Features of Housing 2. Room by room Planning 3. Plumbing
Month Sept. 2026				
Lectures	Practical's	Total	Module-3 Housing and Interior Environment	4. Drainage facility
10		10	Module-4 Landscaping	
				1. Definition Concept and Importance 2. Plants used in Landscaping 3. Material / Objects/Articles /used in Landscaping

Month ...Oct. 2026.....				
Lectures	Practical's	Total	Module-4 Landscaping	4.Kitchen Gardening Concept Importance and Guidelines Revision V -Sem Exam
13		13		

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Ms. Yogita S. Patil
Name and Signature of Teacher

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Name and Signature of H.O.D.

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शिक्षणमहर्षी डॉ.बापूजी साळुंखे

Shri. Swami Vivekanand Shikshan Sanstha's Kolhapur
VIVEKANAND COLLEGE, KOLHAPUR
(AN EMPOWERED AUTONOMOUS INSTITUTE)

Annual Teaching Plan

Department of Home Science

B.A Part II Sem-III NEP 2020 VSC- III

Year 2026-27

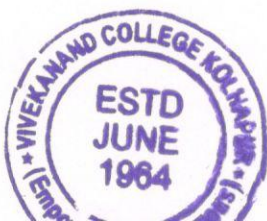
Course Title: Home Decoration Accessories

Teacher Name: Yogita S. Patil

Month ... June 2026.....			Module/Unit:	Sub-units planned
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	Introduction 1) Concept and Importance
03		03		
Month... July. 2026				
Lectures	Practical's	Total	Module-1 Accessories for Home Decoration	1) Concept and Importance 2) Type of Accessories
05		05		
Month ... Aug. 2026				
Lectures	Practical's	Total	Module-2	1) Selection and Placement of accessories
08		08		
Month Sept.. 2026				
Lectures	Practical's	Total	Module-2	2) Accessories use for Interior Decoration
06		06		
Month ... Oct. 2026				
Lectures	Practical's	Total	Module-2 Exam	2) Accessories use for Interior Decoration Revision
10		10		

Name and Signature of Teacher

Name and Signature of H.O.D.



HEAD
DEPARTMENT OF HOME SCIENCE
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