"Dissemination of Education for Knowledge, Science and Culture"

-Shikshanmaharshi Dr. Bapuji Salunkhe



Shri Swami Vivekanand Shikshan Sanstha's



Vivekanand College, Kolhapur (Autonomous)

National Cadet Corps

(5 MAH BN NCC & 6 MAH GIRLS BN NCC, KOP)

(2022-23)

One Page Report: Health Checkup Campaign

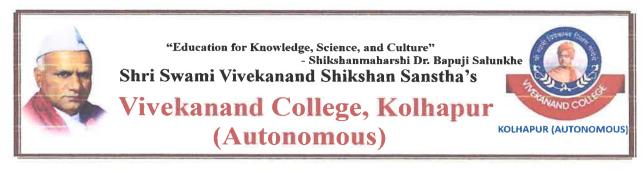
| 1. | Name of the Department | National Cadet Corps | | | | | | | |
|----|------------------------|---|--|--|--|--|--|--|--|
| 2. | Name of the Activity | Health Checkup Campaign | | | | | | | |
| 3. | Date / Duration | 11/10/2022 | | | | | | | |
| 4. | Aims & Objectives | To conduct free health checkups. | | | | | | | |
| | | To actively participate in all government health campaigns and programs. | | | | | | | |
| 5. | No. of Beneficiaries | <u>Total</u> 85 54 girls | | | | | | | |
| | | attendee 31 boys | | | | | | | |
| | | | | | | | | | |
| 6. | Expenditure & Fundings | | | | | | | | |
| 7. | Brief Discussion | Regular health checkups play a crucial role in ensuring the ongoing well-being of an individual. They aid in early detection of potential health issues, allowing for preventive measures to be taken before they escalate. Health checkups offer an opportunity to address questions related to one's development and overall health. Making a list of topics and questions beforehand can maximize the effectiveness of the appointment. Key areas to focus on during checkups include nutrition, development, behaviour, sleep, and exercise, significantly increasing the chances of leading a healthy life. The health checkup event benefited 85 cadets and civil volunteers, facilitated by doctors and staff from Arogya Seva Kendra, in the presence of Captain Sunita Bhosale and cadets. | | | | | | | |
| 8. | Outcomes | Cadets gained scientific information about the importance of health checkups. Cadets received valuable information regarding the importance of maintaining a balanced nutrition for day-to-day routines . | | | | | | | |
| 1 | | | | | | | | | |

Lt. J. R. Bharamgonda

Coy Commander NCC, Vivekanand College, Kolhapur ESTD JUNE 1964

Capt. Sunita Bhosale

Coy Commander NCC, Vivekanand College Kolhapur



06/10/2022

National Cadet Corps

NOTICE

All students of SD and SW cadets are hereby informed that NCC department of the college will be organizing a Health Checkup Camp in collaboration with Arogya Seva Kendra, Kolhapur. The camp is scheduled for 11th October 2022 at the Administrative Shikshanmaharshi Dr. Bapuji Salunkhe Smriti Bhawan, starting at 08:45 AM. Attendance is mandatory for all students without fail.

Lt. J. R. Bharamgonda

Cov Commander NCC, Vivekanand College, Kolhapur

Capt. Sunita Bhosale

Cov Commander

NCC; Vivekanand Collegevivekanand College Kolhapur

Dr. R R Kumbhar PRINCIPAL

KOLHAPUR (AUTONOMOUS)







Health Checkup Campaign
11 Oct 2022



VIVEKANAND COLLEGE ,KOLHAPUR (AUTONOMOUS)

HEALTH CHECKUP CAMPAIGN

DATE:11 OCTOBER 2022

| Sr No | Regt No | SIGN | Sr No | Regt No | SIGN |
|-------------|---------------|-----------|----------|---------------|---------|
| | MH20SWA559914 | (DAY | 29 | MH21SDA559949 | 207 49 |
| | MH20SWA559915 | S8P | 30 | MH21SDA559950 | 28 |
| | MH20SWA559916 | SIN | 31 | MH21SDA559950 | 50 |
| | MH20SWA559917 | POC | 32 | MH21SWA559951 | SIL |
| | MH20SWA559919 | 156 | 33 | MH21SWA559952 | Ja. |
| | MH20SWA559920 | Stepu | 34 | MH21SWA559953 | 89 |
| , | MH20SWA559921 | non | 35 | MH21SWA559957 | May |
| 3 | MH20SDA559923 | Alouge | 36 | MH22SWA559958 | @RPAII. |
| | MH20SDA559924 | Mars | 37 | MH22SWA559959 | Pe. |
| 10 | MH20SDA559925 | Rene | 38 | MH22SWA559960 | Son. |
| 11 | MH20SDA559926 | Janishk | 39 | MH22SWA559961 | Jak S |
| 12 | MH20SDA559927 | Porc | 40 | MH22SWA559962 | Sist |
| 13 | MH20SDA559930 | ANB | | | |
| 14 | MH20SDA559931 | SK | | | |
| 15 | MH20SDA559933 | Seen | | | |
| 16 | MH20SDA559934 | -Banika | | | |
| 17 | MH21SDA559936 | Pm | | -9 | |
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| 21 | MH21SDA559940 | SESOLON | 2 | | |
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| 23 | MH21SDA559942 | anil | | | |
| 24 | MH21SDA559943 | Que_ | | | |
| 25 | MH21SDA559944 | DON | | | |
| 26 | MH21SDA559946 | Khael Nay | <u> </u> | | / |
| 27 | MH21SDA559947 | 33 | | | |
| 28 | MH21SDA559948 | 3/3 | | CE" | |



Coy Commander
NCC, Vivekanand College.
Kolhapur

VIVEKANAND COLLEGE, KOLHAPUR 6 MAH GIRLS BN NCC, KOLHAPUR

Cadets Participated for Health Checkup Campaign Program
Date: 18 Oct 2022

| Sr. No. | Regt. No. | Sign | Sr.No. | Regt. No. | Sign |
|---------|---------------|--------------|--------|---------------|-------------|
| 1 | MH22SWA584376 | 3R Bochche | 31 | MH21SWA584407 | Au |
| 2 | MH22SWA584377 | Marye | . 32 | MH21SWA584408 | jodhans. |
| 3 | MH22SWA584378 | Samekar | 33 | MH21SWA584410 | Herbarge |
| 4 | MH22SWA584379 | | 34 | MH21SWA584411 | A.B. Power |
| 5 | MH22SWA584380 | 5.R.B | 35 | MH21SWA584412 | |
| 6 | MH22SWA584381 | Bhasati | 36 | MH20SWA584396 | Wainwad |
| 7 | MH22SWA584382 | Archavan | 37 | MH20SWA584397 | ECATIVAL. |
| 8 | MH22SWA584383 | Hat. | 38 | MH20SWA584398 | Guravno |
| 9 | MH22SWA584384 | 3 | 39 | MH20SWA584400 | P.P. Jadhar |
| 10 | MH22SWA584385 | Egaras P. | 40 | MH20SWA584401 | Shamble |
| 11 | MH22SWA584386 | Sisio | 41 | MH20SWA584402 | A.M. Muber |
| 12 | MH22SWA584387 | And | 42 | MH20SWA584403 | Kvarshay |
| 13 | MH22SWA584388 | _ | 43 | MH20SWA584404 | Jael |
| 14 | MH22SWA584389 | Swellhe | 44 | MH20SWA584405 | Bane |
| 15 | MH22SWA584390 | R.VIK . | 45 | MH20SWA584406 | Spatil |
| 16 | MH22SWA584391 | Bkukani | 46 | MH20SWA584407 | Reporte |
| 17 | MH22SWA584392 | A.P.Malhor | 47 | MH20SWA584408 | Sociti |
| 18 | MH22SWA584393 | - | 48 | MH20SWA584409 | Patil |
| 19 | MH22SWA584394 | _ | 49 | MH20SWA584410 | Ashlogade. |
| 20 | MH22SWA584395 | A. Powar | 50 | MH20SWA584411 | Ishintre. |
| 21 | MH22SWA584396 | ZISPIONONO | 51 | MH20SWA584412 | Brinke- |
| 22 | MH22SWA584397 | ARIGE | 52 | MH20SWA584413 | Conachika |
| 23 | MH22SWA584398 | A. A. Shinde | | | |
| 24 | MH22SWA584399 | Kasheith | | | |
| 25 | MH22SWA584400 | (Bros | | | |
| 26 | MH21SWA584401 | Robjace | | | |
| 27 | MH21SWA584402 | Bhinde | | | |
| 28 | MH21SWA584404 | - | | | |
| 29 | MH21SWA584405 | Desai. | | | |
| 30 | MH21SWA584406 | Gekanse | | | |

COY. COMMANDER Vivekanand College, Kolhapur.



Dr. R. R. Kumbhar

PRINCIPAL **VIVEKANAND COLLEGE** KOLHAPUR (AUTONOMOUS)